

*"A small body of
determined spirits, fired by an
unquenchable faith in their
mission, can alter the
course of history"*

**- Mahatma
Gandhi**



**Special
Olympics
Bharat**

ANNUAL REPORT 2019

Special Olympics serves athletes with intellectual disabilities

WHAT ARE INTELLECTUAL DISABILITIES?

According to the definition by the American Association of Intellectual and Developmental Disabilities (AAIDD), an individual is considered to have an intellectual disability based on the following three criteria:

1. Intellectual functioning level (IQ) is below 70-75;
2. Significant limitations exist in two or more adaptive skill areas; and
3. The condition manifests itself before the age of 18.

Adaptive skill areas are those daily living skills needed to live, work and play in the community. The definition includes 10 adaptive skills: communication, self-care, home living, social skills, leisure, health and safety, self-direction, functional academics, community use and work

Children with intellectual disabilities grow into adults with intellectual disabilities; **they do not remain “eternal children.”**

HOW PREVALENT ARE INTELLECTUAL DISABILITIES?

According to the World Health Organization, up to three percent - or nearly 200 million people - of the world's population have intellectual disabilities. Intellectual disability is the largest developmental disability in the world.

Words Matter

Special Olympics prefers to focus on people and their gifts and accomplishments, and to dispel negative attitudes and stereotypes.

As language has evolved, Special Olympics has updated its official terminology to use standard terminology that is more acceptable to our athletes.

We use “people-first language” - example: refer to people with intellectual disabilities, rather than “intellectually disabled people”



About the Program

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Message from-
Sahil Singh
Athlete Leader,
Uttar Pradesh

Hello everyone!

I am Sahil Singh, 23 years old from Lucknow. I have Down syndrome, a genetic condition with Intellectual disability. But I am not disabled, only differently abled. I am a Special Olympics champion since 8 years of age, and have won several awards at local, district, state and National levels. I am very proud of my sports journey.

It was a moment of great joy and pride when I won a Silver Medal in Swimming for my country at the Special Olympics Asia Pacific Regional Games 2013, held in Newcastle Australia.

Presently I am an Athlete leader and Youth leader (member of National Youth Council) in Special Olympics Bharat SOB. I love Special Olympics. It has made me a confident, independent and a social person that I am today. 'Special Olympics' is a fantastic platform for us to develop confidence, self-esteem and courage in addition to physical fitness. I have always been treated as an equal at home and in school, not any different.

My family and friends have always supported me. My school, Study Hall, has always given me opportunities to prove myself. Yes, I worked hard to pass 10th and 12th Class & a vocational course in Yoga from NIOS (National Institute of Open Schooling). My mother has always encouraged me to speak my thoughts freely. We must always do that.

As an Athlete leader, I want to promote Special Olympics in my school and in my city, Lucknow. I am working as an Assistant Coach in Special Olympics Sports and Yoga in Study Hall. I want to tell you all that Special Olympics Unified Sports is an excellent sports program to promote inclusion via sports and other group activities. Here we play, enjoy and make friends too. We feel happy and satisfied, and feel a part of society. It maintains our dignity.

I recently spoke as a Self-advocate at the World Down Syndrome Day 2020 United Nations event virtual Conference on the theme "We Decide". I told the world that we are capable of making our own decisions and we have the right to decide like everyone else. I want to tell every Athlete that it is most important for you to keep working harder to achieve higher ground. Keep doing that. Show everyone that you are capable.

We, the Youth leaders can and will bring change in the society. Please have faith in our abilities and involve us meaningfully. Give us opportunities to prove ourselves. We can touch the sky.

"True Inclusion will make life beautiful for all of us"

Yours Truly
Sahil Singh





Another year has passed as a new one promises to unfold new opportunities for us to revisit and expand our limits.

Since its inception in 2001, and with each passing year Special Olympics Bharat has gained more power, reaching out to more and more persons and organizations. I am delighted to witness this diversity and am overwhelmed with the continuing support of a loyal, diligent and a resilient team that has stood by me through the vicissitudes of this remarkable journey.

I am grateful to the continuing and enthusiastic support of the Athletes, families, Partners, Corporates, Sports Clubs, Media and Medical Communities etc. who are encouraging each other to support humanity, break divisions and respect everyone. I am proud and overwhelmed to be steering this organization with the mammoth support of the Government of India, and the State Committees which are a strong pivot of networking and expansion across the country.

Having to see so many Athletes emerge as leaders, voicing their thoughts and desires to the world, is nothing less than a miracle emanating from the magnanimous platform created by the Special Olympics movement. With the old power-yielders embracing a changing perspective, leveraging the youthful dynamism and blending it with their valuable experience and knowledge, is a stride towards triumph

Today, I can see that some people are breaking-out on their own like the Youth leaders, with and without Intellectual Disabilities. We have entered the Schools. We are not only a splash of sports but we are nurturing a Unified generation through the unparalleled power of sports. External organizations want to associate with us. These are remarkable achievements for SO Bharat as an organization and as movement in true spirit.

But I am still restless as we have a huge ground to cover in India. I dream of an India that enfolds all Persons with Intellectual Disability under the umbrella of Special Olympics. I have hope in the society in accepting, respecting, recognizing & including our special children today & in the years ahead.

We all together, must keep this journey go on

God Bless

Message from- Satish Pillai Chairman



The year 2019 has been a year of pronounced achievements and progress. It is heart-warming to see the youth around us strengthening the movement across the length and breadth of the country with the dynamism that they possess. While bringing on board their peers they are transforming themselves as well as stirring the minds of many more Youth and Persons with and without intellectual disability.

Unified Sports continues to create an impact on the program, not only as an instrument of Social Change, but more so, because of the overwhelming interest and excitement it generates amongst the Athletes, Coaches and in a very special way, the Unified Partners. The movement is steering rapidly in the direction of nurturing a Unified Generation that would laud and respect everyone for their individual abilities.

An increasing volume of mainstream schools are joining hands with SO Bharat through the benevolence & phenomenal support of Corporates like the Stavros Niarchos Foundation, Lions Clubs International through the Aruna Abhey Oswal Trust, IKEA Foundation, Hasbro, ESPN, Herbalife Nutrition, the TATA Group and many more which are adding significantly to the program-value.

With the unstinted support from the Ministry of Youth Affairs and Sports, Government of India, SO Bharat sent the largest number of Athletes and Coaches so far, to the Special Olympics World Games 2019, held at Abu Dhabi. The performance of the team at the World Summer Games substantiates the extraordinary abilities of the Athletes bringing accolades to the country while highlighting the commitment of the Government of India in upholding Inclusion through sports.

While keeping the Athletes at the centre of our program, I acknowledge and appreciate the unrelenting work done by the State Programs, strengthening our endeavours and bringing us closer to the vision of the legendary Eunice Kennedy Shriver, founder of the Special Olympics movement.

I look forward to support them in their indomitable zeal and confidence to take the organization to the next level.

We are resilient and responding to the changing scene as it develops and share the joy and excitement of the great opportunities that are emerging.



**Eunice Kennedy
Shriver**
1921-2009

Small Steps Great Strides

*A woman's quest
to change the world*

"Nothing happensbut first a dream"

The Beginning: Every Movement has a heart and a story. Ours began because of one woman, Eunice Kennedy Shriver, deeply loved her sister. She became furious about the neglect and indifference she saw towards her sister and others with Intellectual Disabilities. She had deep faith that everyone counts and she loved sports. In a moment that literally changed the world, she saw how sports can transform the lives of those who shared the challenges of her sister. Special Olympics was born on this compassion, fury and action.



Rosemary Kennedy (sister of EKS)
1918-2005

The Inspiration behind the movement

Carrying Forward the Legacy

- Dr Tim Shriver – Chairman & CEO from 2009
- Introduced change - Prepared a Global 5 year Strategic Plan
- Introduced major holistic and value- added reforms
 - Introduced Unified Sports on a large scale
 - Broadened vision beyond ID Persons to include all like-minded partners
 - Renewed commitment to "Sustained Quality Growth"
 - Transited from a "Program to a Movement"
- Introduced a new Community -orientated Strategic Plan 2016 – 2020
- Provided significant funding for initiatives

Founded by
Mrs. Eunice Kennedy
Shriver in 1968
in the USA &
recognized by
the International
Olympic
Committee

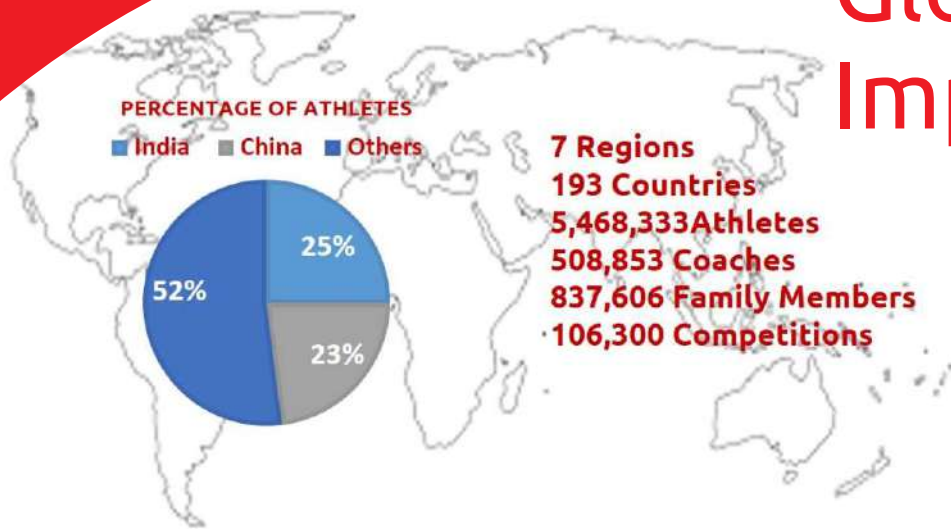


Dr Timothy Shriver
Chairman
Special Olympics
International

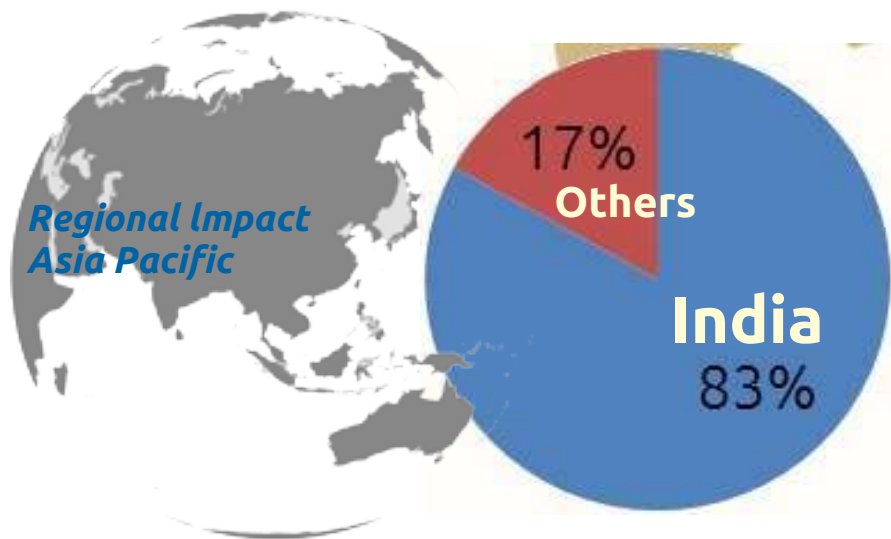
Ms Mary Davis
CEO
Special Olympics
International

SO Bharat - Percentage Of Athletes *Global & Regional*

Global Impact



Regional Impact *Asia Pacific*

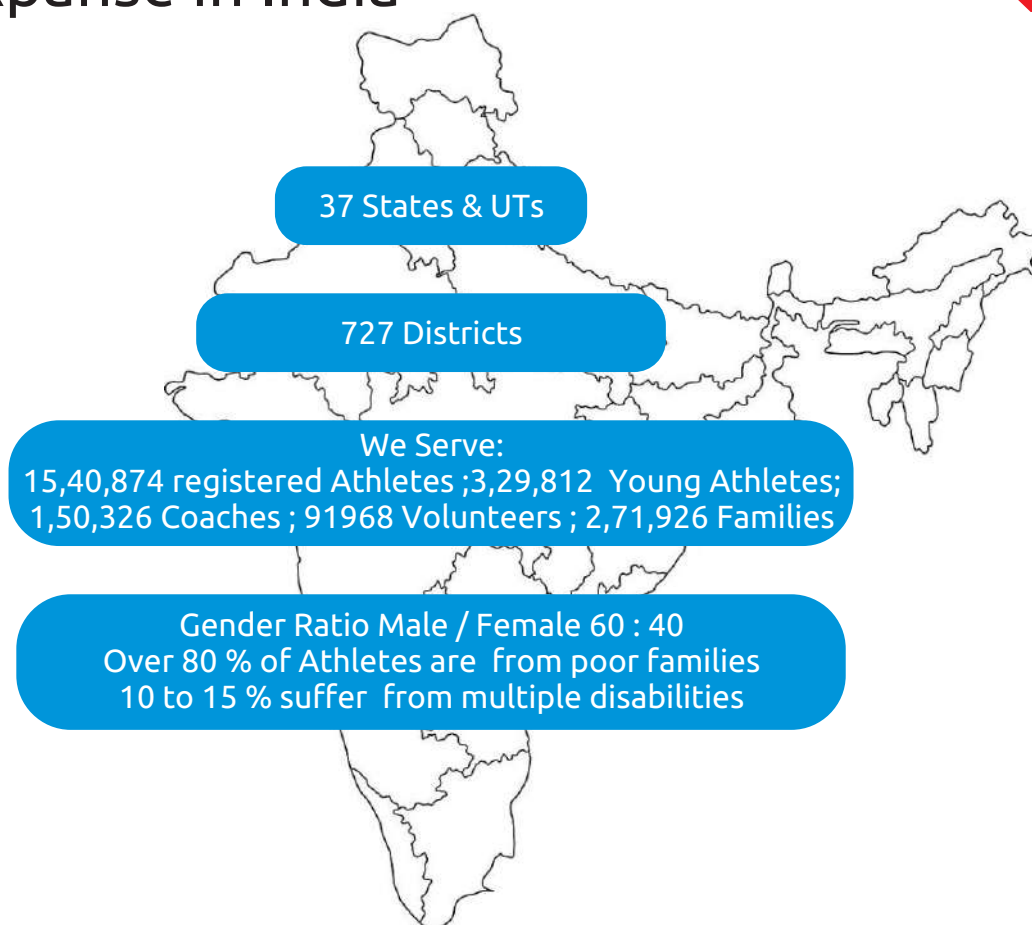


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The focus for Special Olympics is on, both ,providing a high quality sports experience and engaging key influencers and communities with that experience in ways that help create positive attitudes and bring about permanent change towards inclusion of people with Intellectual Disabilities

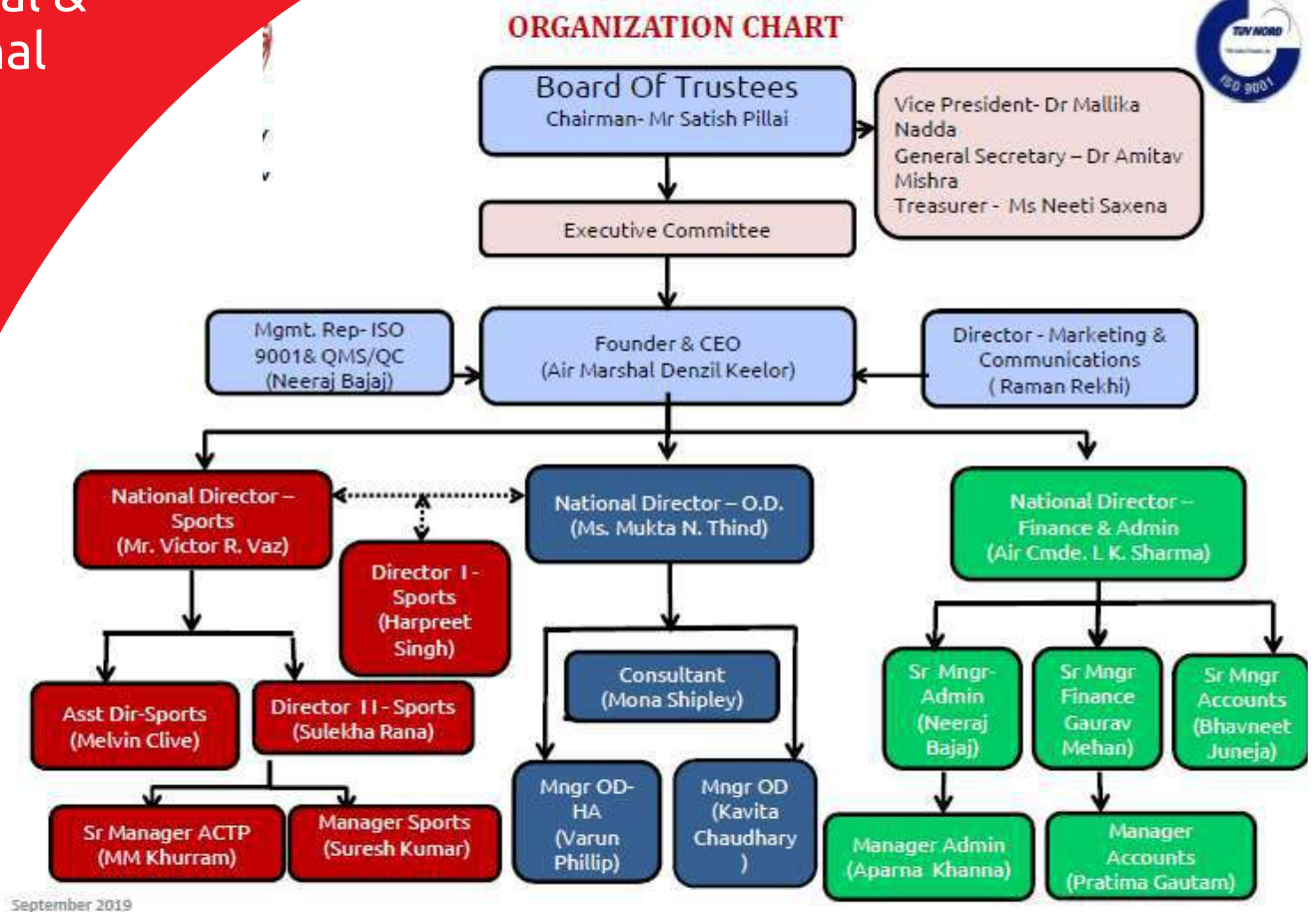
Expanse in India



Item Per Year	Plan	2001-2016	2017	2018	2019	2020
Young Athletes + Athletes	Target	1,310,000	100,000	1,10,000	1,15,000	37,900
	Achieved	1,304,639	1,02,230	112034	115548	
Coaches	Target	133500	10,000	10,000	10,000	10,000
	Achieved	137,617	10,365	10,303	10,187	
Volunteers	Target	80,000	5000	5000	5000	5000
	Achieved	79,481	6045	4933	8347	
Families	Target	100,000	1,00,000	30,000	30,000	10,000
	Achieved	100,841	1,02,130	62,413	65,466	

Structure:

National &
Regional



Regional Structure

NORTH

Member States:8

Chandigarh
Delhi
Haryana
Ladakh
Himachal Pradesh
Jammu & Kashmir
Punjab
Uttarakhand

CENTRAL

Member States:8

Chattisgarh
Dadar & Nagar Haveli
Daman & Diu
Gujarat
Madhya Pradesh
Maharashtra
Rajasthan
Uttar Pradesh

EAST

Member states:6

Assam
Bihar
Jharkhand
Odisha
Sikkim
West Bengal

SOUTH & WEST

Member states:9

Andaman & Nicobar Islands
Andhra Pradesh
Goa
Karnataka
Kerala
Lakshadweep
Puducherry
Tamil Nadu
Telangana

NORTH EAST

Member States: 6

Arunachal Pradesh
Manipur
Meghalaya
Mizoram
Nagaland
Tripura

"Continue to focus on quality. Continue to ensure that the Athlete has a chance to be accepted- whatever the ability level is; ensuring that every Athlete has a chance to improve, to strive, to get a little bit better. Without quality the Special Olympics movement is a myth but with quality it's a transformation".

Dr Tim Shriver, Chairman, SOI

His message to the Area Directors,
during his visit to India in October 2017

Special Olympics Bharat works across 35
States and Union Territories
in India covering
727 districts

Each State /UT is run by a
State Committee
headed by an
Area Director



SPORTS

SO Bharat
is a
National Sports
Federation
recognized by
the Ministry of Youth
Affairs & Sports
Govt of India

Aquatics Athletics Bocce Badminton Basket ball Cricket
Cycling Equestrian Foot ball Golf Gymnastics Handball Judo
Kabaddi Kho-kho Net ball Power lifting Roller- Skating Sailing
Soft ball Table-Tennis Tennis Triathlon Volley ball

Strategy Growth- Athletes

Sn	States	National Population (2018 census)	2% are ID of Total Population	Distt in India	Athletes 2016	Athletes 2017	Athletes 2018	Athletes 2019	Total Athlete 2019	Young Athlete 2017	Young Athlete 2018	Young Athlete 2019	Total Young Athlete Dec	Grand Total Ath + YA
1	And.& Nic.Islands	419,978	8,400	3	211	0	0	0	211	0	0	0	0	211
2	Andhra Pradesh	52,883,163	1,057,663	13	65576	1256	760	2856	70448	1860	830	5465	8155	78603
3	Arunachal Pradesh	1,528,296	30,566	25	301	13	23	0	337	225	72	0	297	634
4	Assam	34,586,234	691,725	33	34821	1265	370	781	37237	3303	1083	2258	6644	43881
5	Bihar	119,461,013	2,389,220	38	117758	0	0	0	117758	2216	0	14071	16287	134045
6	Chandigarh	1,126,705	22,534	1	1183	0	0	43	1226	0	32	30	62	1288
7	Chhattisgarh	28,566,990	571,340	27	13235	253	500	2341	16329	3612	1909	2730	8251	24580
8	N.Haveli	378,979	7,580	1	1688	0	0	0	1688	0	0	0	0	1688
9	Daman & Diu	220,084	4,402	2	898	0	0	0	898	0	0	0	0	898
10	Delhi	18,345,784	366,916	11	49659	543	1056	3246	54504	4059	2110	2456	8625	63129
11	Goa	1,542,750	30,855	2	9438	23	4	0	9465	250	251	0	501	9966
12	Gujarat	63,907,200	1,278,144	33	117773	0	0	4323	122096	344		11793	12137	134233
13	Haryana	27,388,008	547,760	22	42031	257	2500	2345	47133	13936	6500	4262	24698	71831
14	Himachal Pradesh	7,316,708	146,334	12	12556	135	0	0	12691	850	0	0	850	13541
15	Jammu & Kashmir	13,361,010	267,220	20	9304	0	0	24	9328	0	0	242	242	9570
16	Jharkhand	37,329,128	746,583	24	41068	769	3849	2345	48031	3865	10620	9067	23552	71583
17	Karnataka	66,165,886	1,323,318	30	69958	3567	0	4324	77849	2796	2172	7140	12108	89957
18	Kerala	35,330,888	706,618	14	124807	5126	1600	3423	134956	3679	2980	5436	12095	147051
19	Lakshadweep	71,218	1,424	1	0	0	0	0	0	0	0	0	0	0
20	Ladakh	274,000	5,480	2	0	0	0	0	0	0	0	0	0	0
21	Madhya Pradesh	82,342,793	1,646,856	52	88147	0	296	4326	92769	860	2648	2846	6354	99123
22	Maharashtra	120,837,347	2,416,747	36	70839	4135	500	2341	77815	6365	6546	3100	16011	93826
23	Manipur	3,008,546	60,171	16	2112	5	0	0	2117	55	201	16	272	2389
24	Meghalaya	3,276,323	65,526	11	615	6	0	0	621	50	193	45	288	909
25	Mizoram	1,205,974	24,119	8	308	7	0	0	315	114	167	15	296	611
26	Nagaland	2,189,297	43,786	12	1254	0	0	0	1254	0	13318	14	13332	14586
27	Odisha	45,429,399	908,588	30	57066	2307	0	3341	62714	5195	0	5531	10726	73440
28	Puducherry	1,375,592	27,512	4	3363	43	10	24	3440	0	240	515	755	4195
29	Punjab	29,611,935	592,239	22	24018	15	205	1468	25706	3267	3906	3536	10709	36415
30	Rajasthan	78,230,816	1,564,616	33	56312	2506	278	4324	63420	6515	11095	5200	22810	86230
31	Sikkim	671,720	13,434	4	915	0	0	0	915	0	0	0	0	915
32	Tamil Nadu	76,481,545	1,529,631	33	81925	543	521	3345	86334	7674	6425	5202	19301	105635
33	Telangana	38,472,769	769,455	33	2681	467	832	2644	6624	1763	6256	3468	11487	18111
34	Tripura	4,057,847	81,157	8	3385	0	0	0	3385	0	0	13	13	3398
35	Uttar Pradesh	228,959,599	4,579,192	75	114282	7126	9680	5346	136434	17190	22018	13947	53155	189589
36	Uttarakhand	11,090,425	221,809	13	5851	143	2725	553	9272	5987	1106	1256	8349	17621
37	West Bengal	97,694,960	1,953,899	23	79301	3165	0	3340	85806	6200	9356	5894	21450	107256
	India	1,335,140,907	26,702,818	727	1304639	33675	25709	57103	1421126	102230	112034	115548	329812	1750938

Transforming lives through the Power & Joy of Sports

Strategy Growth- Coaches

Sn	States	National Population (2018 census)	ID at 2% of Total Population	Distt in India	Athletes Registered up to Dec 2019	Regular Coaches 2017	Regular Coaches 2018	Regular Coaches 2019	Total Regular Coaches up to Dec 2019	SOB Trainers 2016	Master Trainers by LIUPE up to 2016	Khelo India 2018	YA Coaches 2017	YA Coaches 2018	YA Coaches 2019	Total YA Coaches Dec 2019	Grand Total Sports and YA Coaches
1	And. & Nic. Islands	419,978	8,400	3	211	35	0	0	35	7	0	0	0	0	0	0	35
2	Andhra Pradesh	52,883,163	1,057,663	13	78603	8020	7	0	8027	228	1564	220	553	390	180	1123	9190
3	Arunachal Pradesh	1,528,296	30,566	25	634	0	0	0	0	100	987	224	50	0	0	50	274
4	Assam	34,586,234	691,725	33	43881	3082	3	50	3135	277	1369	256	502	346	209	1057	4239
5	Bihar	119,461,013	2,389,220	38	134045	9771	3	50	9824	443	2475	365	174	0	1573	1747	10363
6	Chandigarh	1,126,705	22,534	1	1288	241	15	50	306	35	30	58	0	25	0	25	389
7	Chhattisgarh	28,566,990	571,340	27	24580	2213	14	50	2277	191	726	250	167	271	250	688	2965
8	Dadar. & N. Haveli	378,979	7,580	1	1688	4	0	0	4	1	50	0	0	0	0	0	4
9	Daman & Diu	220,084	4,402	2	898	6	0	0	6	13	77	0	0	0	0	0	6
10	Delhi	18,345,784	366,916	11	63129	3439	49	50	3538	281	416	250	207	275	0	482	4270
11	Goa	1,542,750	30,855	2	9966	1125	18	0	1143	168	120	100	22	11	0	33	1276
12	Gujarat	63,907,200	1,278,144	33	134233	11794	18	50	11862	454	1465	500	236	0	1428	1664	12598
13	Haryana	27,388,008	547,760	22	71831	3185	104	0	3289	219	927	518	211	329	75	615	4347
14	Himachal Pradesh	7,316,708	146,334	12	13541	977	38	50	1065	220	500	250	116	0	0	116	1431
15	Jammu & Kashmir	13,361,010	267,220	20	9570	809	9	0	818	156	860	155	0	0	19	19	973
16	Jharkhand	37,329,128	746,583	24	71583	5173	4	50	5227	358	1494	227	177	578	0	755	6209
17	Karnataka	66,165,886	1,323,318	30	89957	7321	23	0	7344	219	1420	289	331	60	400	791	8024
18	Kerala	35,330,888	706,618	14	147051	8984	9	50	9043	216	647	197	292	50	120	462	9582
19	Lakshadweep	71,218	1,424	1	0	0	0	0	0	15	87	0	0	0	0	0	0
20	Ladakh	274,000	5,480	2	0	0	0	0	0	0	0	0	0	0	0	0	0
21	Madhya Pradesh	82,342,793	1,646,856	52	99123	4200	15	50	4265	243	2293	540	249	61	289	599	5115
22	Maharashtra	120,837,347	2,416,747	36	93826	6361	43	0	6404	417	2138	267	1097	352	87	1536	8120
23	Manipur	3,008,546	60,171	16	2389	410	3	0	413	69	436	223	2	0	0	2	638
24	Meghalaya	3,276,323	65,526	11	909	268	2	50	320	96	279	42	0	0	0	0	362
25	Mizoram	1,205,974	24,119	8	611	105	0	0	105	47	1053	58	8	0	0	8	171
26	Nagaland	2,189,297	43,786	12	14586	91	0	0	91	82	374	250	0	0	0	0	341
27	Odisha	45,429,399	908,588	30	73440	3050	13	50	3113	231	1591	267	278	774	350	1402	4432
28	Puducherry	1,375,592	27,512	4	4195	699	11	50	760	51	195	52	0	25	103	128	837
29	Punjab	29,611,935	592,239	22	36415	4453	25	50	4528	359	398	268	36	375	471	882	5207
30	Rajasthan	78,230,816	1,564,616	33	86230	8489	38	50	8577	368	1809	271	565	515	114	1194	9928
31	Sikkim	671,720	13,434	4	915	87	5	0	92	80	179	183	0	0	0	0	275
32	Tamil Nadu	76,481,545	1,529,631	33	105635	7471	16	0	7487	290	1250	257	196	515	0	711	8455
33	Telangana	38,472,769	769,455	33	18111	2702	5	0	2707	75	87	318	613	575	285	1473	4213
34	Tripura	4,057,847	81,157	8	3398	598	0	0	598	80	150	0	0	0	0	0	598
35	Uttar Pradesh	228,959,599	4,579,192	75	189589	8364	28	50	8442	609	3840	421	2922	3261	1122	7305	15046
36	Uttarakhand	11,090,425	221,809	13	17621	1122	30	16	1168	171	497	276	815	1022	0	1837	3281
37	West Bengal	97,694,960	1,953,899	23	107256	5550	6	0	5556	317	1044	259	546	771	256	1573	7132
	India	1,335,140,907	26,702,818	727	1750938	120199	554	816	121569	7186	32827	7811	10365	10581	7331	28277	150326

The role of a Coach is selfless & is of paramount importance to us as they are the ones who identify talent at the grass-root. The Medalist who bring accolades to the country receive their first chance through a Coach - **Air Marshal Denzil Keelor**

Total Budget of SO Bharat Cash and Kind- 2019

A-Annual Cost of Administration– (Athletes 17,50,938 /Coaches 1,50,326)

Level of Office	Detail of Expenditure	Rate	Mon ths	Qty.	Amount	Operation cost in US @ 76	Source Of Funding
1. National Office	Uncovered Expenditure Wages	₹ 1,43,56,500	1	1	₹ 1,43,56,500	\$1,88,901	SOI 75%, SOB 25%
1. National Office	Uncovered Expenditure Ops Cost	₹ 1,06,43,500	1	1	₹ 1,06,43,500	\$1,40,046	SOI 75%, SOB 25%
5. Regional offices	Wages	₹ 1,00,000	12	5	₹ 60,00,000	\$78,947	State 70%, SOB 30%
5. Regional offices	Operating Cost	₹ 75,000	12	5	₹ 45,00,000	\$59,211	State 70%, SOB 30%
35 State Offices	Wages	₹ 50,000	12	35	₹ 2,10,00,000	\$2,76,316	State 50%, SOB 50%
35 State Offices	Operating Cost	₹ 75,000	12	3	₹ 27,00,000	\$35,526	SOB 50%, State 50%
727 Districts Offices	Wages	₹ 20,000	12	727	₹ 17,44,80,000	\$22,95,789	SOB 50%, State 50%
727 Districts Offices	Operating Cost	₹ 10,000	12	727	₹ 8,72,40,000	\$11,47,895	SOB 50%, State 50%
Total		₹ 2,53,30,000			₹ 32,09,20,000	\$42,22,632	

B-Annual Cost of Coaches/Trainers

Items				Total Campers	Cost Rs	Cost \$
Volunteers/ Trainers/ Coaches	Wages	₹ 3,00,000	1	1,50,326	₹ 4509,78,00,000	\$5933,92,105
Total	\$4,500 per year	₹ 3,00,000	1	1,50,326	₹ 4509,78,00,000	\$5933,92,105

C-State/District/Local Programs

Items	Camps	Amount	Athlete	Total Campers	Cost Rs	Cost \$
State Games Big State	15	₹ 10,00,000	700	8,840	₹ 150,00,000	\$1,97,368
State Games Small State	20	₹ 4,00,000	300	11,785	₹ 80,00,000	\$1,05,263
State Event Big State	30	₹ 4,00,000	300	11,250	₹ 120,00,000	\$1,57,895
State Event Small State	40	₹ 4,00,000	300	15,000	₹ 160,00,000	\$2,10,526
District Games	727	₹ 3,00,000	300	2,54,625	₹ 21,81,00,000	\$28,69,737
District Events	1,358	₹ 1,50,000	150	5,09,250	₹ 20,37,00,000	\$26,80,263
Local Program 2 event per week	96	₹ 12,50,000	60	8,08,000	₹ 12,00,00,000	\$15,78,947
Total				16,18,750	₹ 5928,00,000	\$78,00,000

D- Annual Cost of Long Term Development Plan-ACTC-2018(Govt)

LTDP	Camps	Athlete/ Trainee	Resource Persons	Total Camper	Cost Rs	Cost \$
NCC	18	3,555	317	4,250	₹ 2,42,14,000	\$3,18,605
ACTP's (Sports & GMS)	17	885	50	935	₹ 61,31,000	\$80,671
PG Diploma	1	30	10	40	₹ 3,00,000	\$3,947
National Championship	1	550	26	576	₹ 22,00,000	\$28,947
World Summer Games	1	293	108	401	₹ 1,97,49,250	\$2,59,859
Total		5313	511	6202	₹ 525,94,250	\$6,92,030

E- Annual Cost of MYAS Scheme (Govt)- *No program awarded*

Items	Camps	Athlete/ Trainee	Resource Persons	Total Camper	Cost Rs	Cost \$
LNIPe Master Trainer						
Community Coach Training	300	15,000	1,500	16,500	₹ 144,00,000	\$1,94,595
District Games	300	90,000	9,000	99,000	₹ 660,00,000	\$8,91,892
State Games	30	15,000	1,500	16,500	₹ 246,00,000	\$3,32,432
National Games	1	750	250	1,000	₹ 81,02,000	\$1,09,486
Total	631	1,20,750	12,250	1,33,000	₹ 1131,02,000	\$15,28,405

F- Strategic Growth Plan 2016-2020 (SOI)

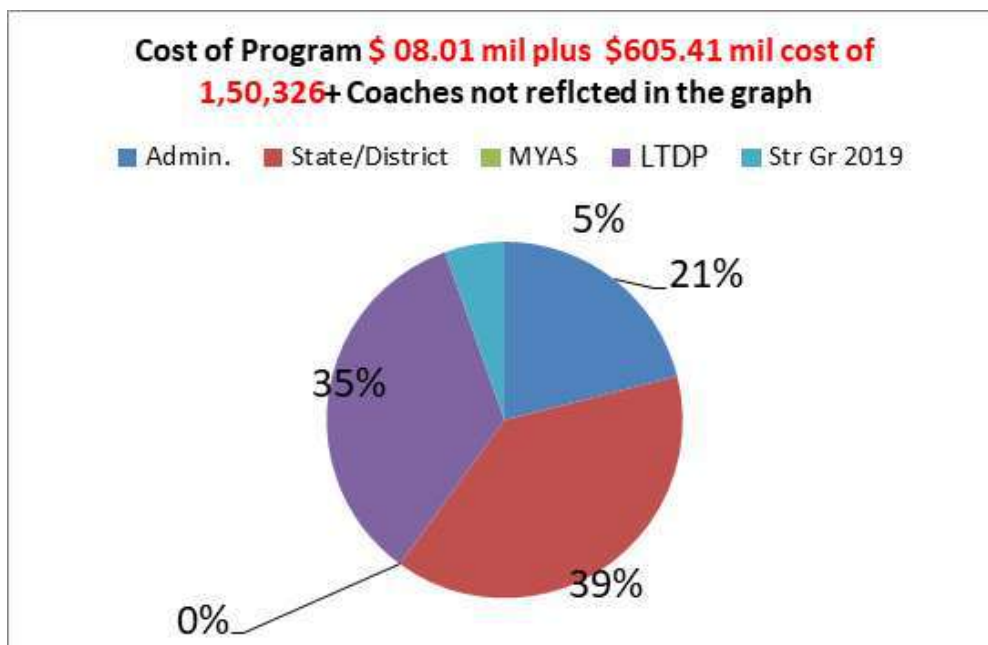
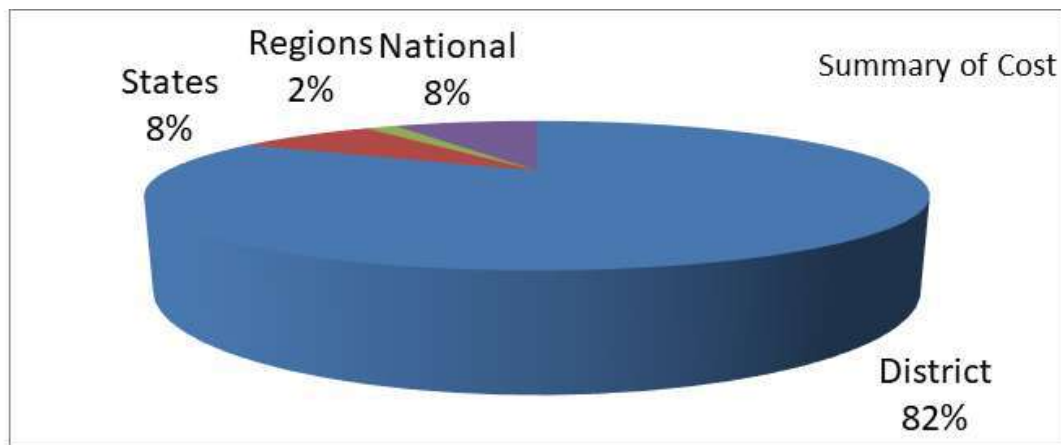
Initiative	Camps	Athlete	Resource Persons	Rate/Ath	Cost Rs	Cost \$	Sponsor
Young Athletes	20,000	1,15,000	10,000	\$4.12	₹ 3,59,93,600	\$4,73,600	IKEA Foundation
Unified Sports	300	20,000	500	\$7.58	₹ 1,15,26,692	\$1,51,667	LCIF/AAOT/ ESPN/ Hasbro
Healthy Athletes	275	11,000	3,350	\$13.41	₹ 1,12,10,000	\$1,47,500	LCIF/AAOT/ SOI
Family Leadership	75	1,500		\$47.22	₹ 53,83,308	\$70,833	LCIF/AAOT/ CRT
Youth Leadership		700		\$320.95	₹ 1,70,74,692	\$2,24,667	LCIF/AAOT/ CRT/SNF
Leadership Development	1	200		\$116.67	₹ 17,73,308	\$23,333	LCIF/AAOT
Total	20,651	1,48,400	13,850		₹ 829,61,600	\$10,91,600	

G- Total Cost of SO Bharat Program in 2019

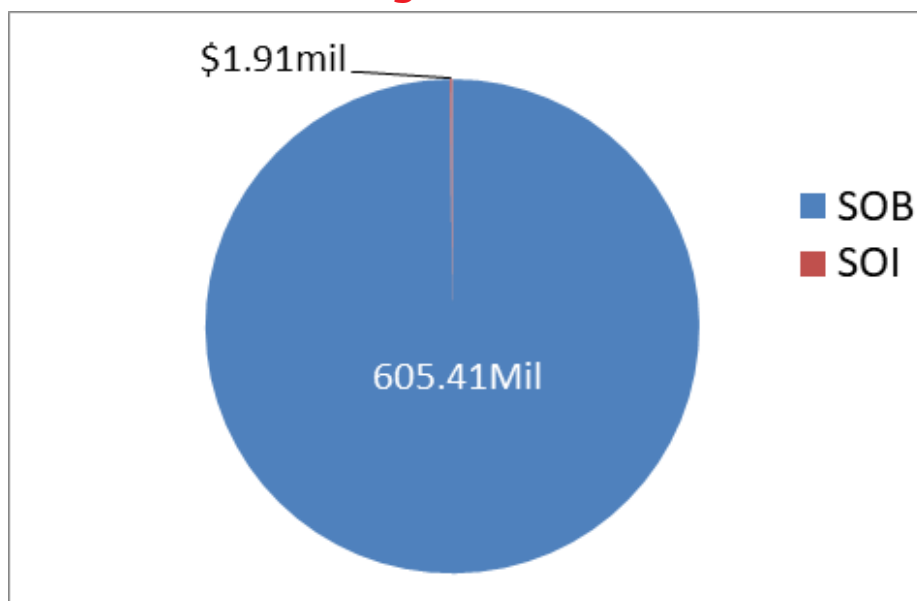
Items	Athlete	Resource Persons	Total Camper	Cost Rs	Cost \$
A) Administration Cost	17,50,938		17,50,938	₹ 32,09,40,000	\$42,22,632
B) Cost of Coaches		1,50,326	1,50,326	₹ 45,09,78,00,000	\$59,33,92,105
C) National/State/ District/ Local Program			16,18,750	₹ 59,28,00,000	₹ 78,00,000
D) LTDP (ACTC)	5,313	511	6,202	₹ 5,25,94,250	\$6,92,030
E) MYAS	No program Awarded by MYAS				
F) Strategic Growth	1,48,400	13,850	1,62,250	₹ 8,29,61,600	\$10,91,600
Total				₹ 46,14,70,75,850	\$60,71,98,366

H- Costing Cash & Kind (USD1=INR76)

Item	Cost in Cr. of ₹	Cost in mils of \$	Cash in mil of \$	Kind In mil of \$
Administration Cost	32.09	4.22	Nil	4.22
Cost of Coaches for 1,50,326+ Coaches	4509.78	593.39	Nil	593.39
LTDP (ACTC)	52.59	06.92	06.92	
MYAS				
Strategic Growth Initiatives	08.29	01.09	01.09	
National / State/District /Local Programs	59.28	7.80		7.801
Total	4,662.03	613.42	8.01	605.41



Ratio of Funding- SOI & SO Bharat



CRG = \$ 100,000
 SOI = \$ 991,600 (Much Appreciated)

SO Bharat Reach Report 2019

ATHLETES

1,540,87

UNIFIED PARTNERS

316,353

TOTAL

185,722

2018-2019 CHANGE

+27.73%



COMPETITIONS

36579

UNIFIED COMPETITIONS

5381



UNIFIED SPORTS

TOTAL TEAMMATES

596100

UNIFIED ATHLETES

279747

UNIFIED PARTNERS

316353



YOUTH UNIFIED

TOTAL YOUTH UNIFIED TEAMMATES

51209

YOUTH UNIFIED ATHLETES

29970

YOUTH UNIFIED PARTNERS

23913

2018-2019 CHANGE

+5.98%

ATHLETE LEADERSHIP

ATHLETE LEADERS

5520

2018-2019
CHANGE

2240

+75.17%



YOUTH LEADERSHIP

YOUTH LEADERS (AGE 8-25)

6614

2018-2019
CHANGE

838

+14.51%



FAMILY LEADERSHIP

FAMILY LEADERS

11146

2018-2019
CHANGE

1088

+10.82%

REGISTERED FAMILY
MEMBERS

271926



ATHLETE GENDER REGION AVERAGE

40%

60%

VOLUNTEERS

91968

YOUTH

54440

COACHES

150326



YOUNG ATHLETES

(2-7 YEARS OLD)

328812



**Special
Olympics
Bharat**

**2019
REACH REPORT
SUMMARY**



"We don't exist to provide, service to a single group. We are here to change society and demonstrate that change involves all of us. We facilitate and engage in experiences that are transformative – not just for our Athletes but for all who engage with open hearts and mind"–
Dr. Tim Shriver
SOI Vision of the future



Participation World Games & Asia Pacific Regional Games

Special Olympics World Summer Games

Year	Place	Athletes	Coaches	HOD	Total	Gold	Silver	Bronze	Total
1987	USA	11	3	0	14	4	6	8	18
1991	USA	25	5	0	30	20	10	2	32
1995	USA	72	0	0	72	28	20	10	58
1999	USA	19	1	1	21	25	45	37	87
2003	Ireland	81	20	2	103	34	36	40	110
2007	China	139	42	3	184	36	45	67	148
2011	Greece	184	48	4+3	248	78	73	92	243
2015	L A	217	53	5	275	61	65	121	247
2019	Abu Dhabi	289	73	5	378	85	155	129	369



SPECIAL OLYMPICS
WORLD WINTER GAMES
AUSTRIA 2017
Graz | Schladming | Ramsau | Styria
Heartbeat for the world



2018
Special Olympics
World Winter Games
Nagano | Japan

Special Olympics World Winter Games



Year	Place	Athletes	Coaches	Hod	Total	Gold	Silver	Bronze	Total
1993	Austria	12	5	0	20	1	0	0	1
1997	Canada	0	0	0	0	0	0	0	0
2001	USA	12	5	1	18	0	0	1	1
2005	Japan	16	3	3	22	0	0	0	0
2009	USA	49	13	2	64	7	8	2	17
2013	S Korea	59	19	1	79	28	31	16	75
2017	Austria	89	23	1	113	37	10	26	73

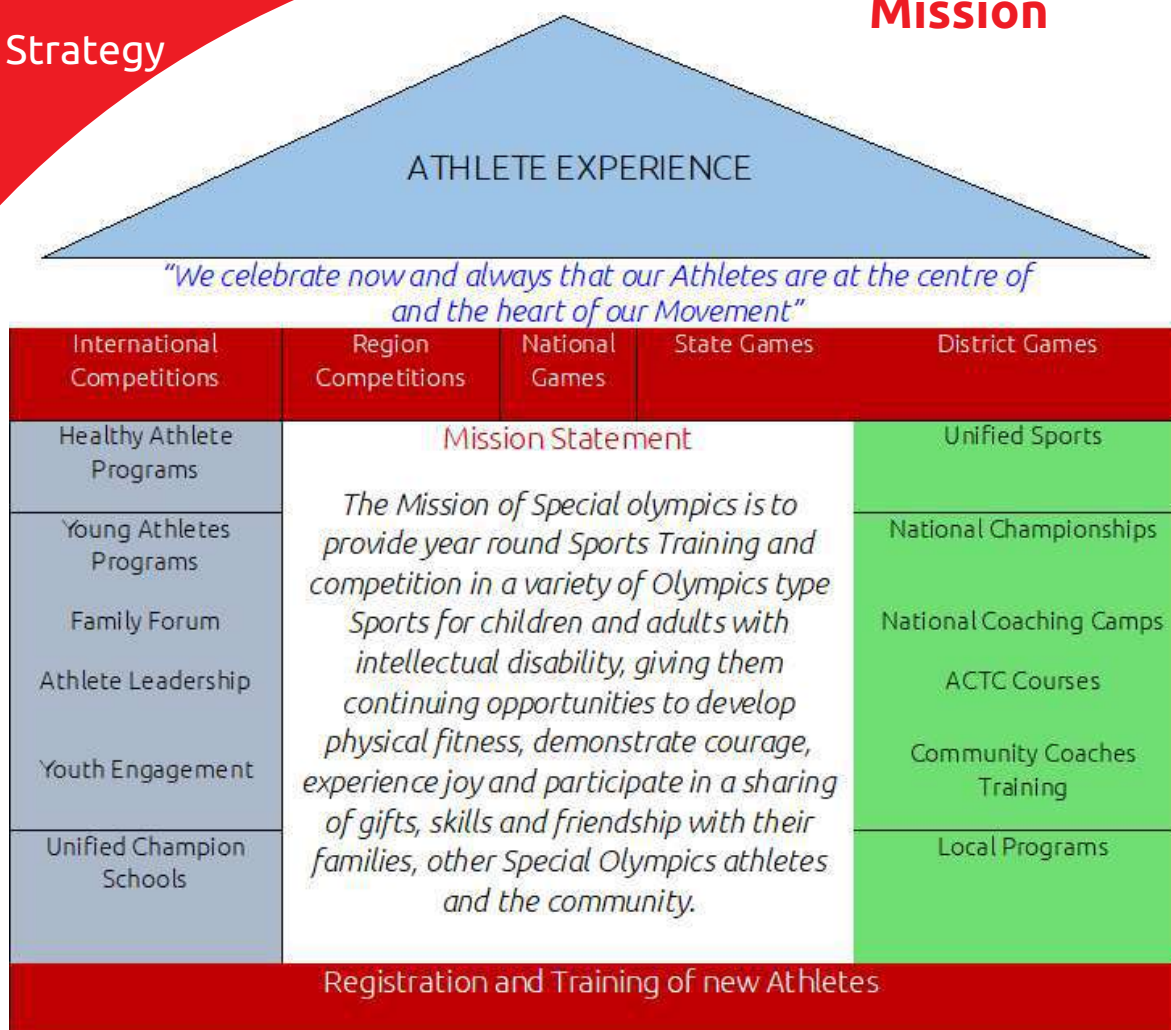
Special Olympics Asia Pacific Regional Games 2013

Year	Place	Athletes	Coaches	Hod	Total	Gold	Silver	Bronze	Total
2013	Australia	281	111	26	520	111	130	140	381

Every day and all around the world, our athletes train and strive to achieve their very best. During World Games, the entire Special Olympics movement comes together to see our athletes in action and celebrate their victories over huge odds. No other event in the world has the social and emotional impact of the Special Olympics World Games. For the athletes and their families, the experience opens doors to unimagined possibilities. For volunteers, coaches, and other supporters from all parts of the world, the Games inspire hope and belief in a brighter future of global acceptance, understanding, and unity.

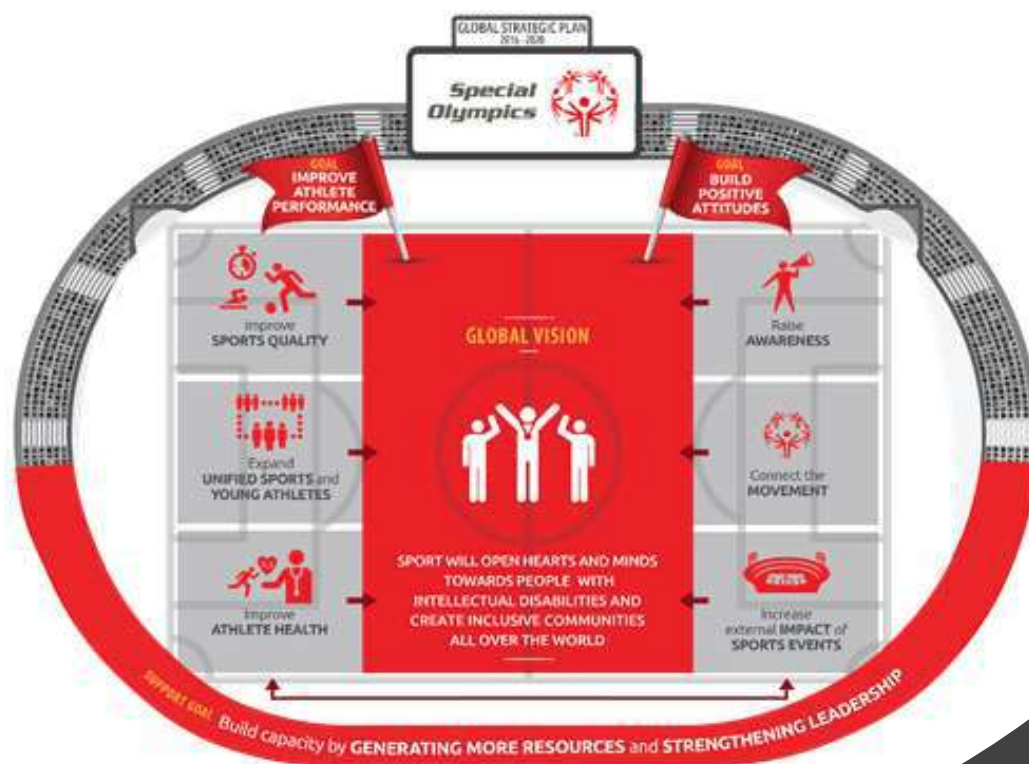
<https://www.specialolympics.org/our-work/games-and-competition>





SO Global Strategy 2016-20

"Strategy is a sense of direction around which to improvise"

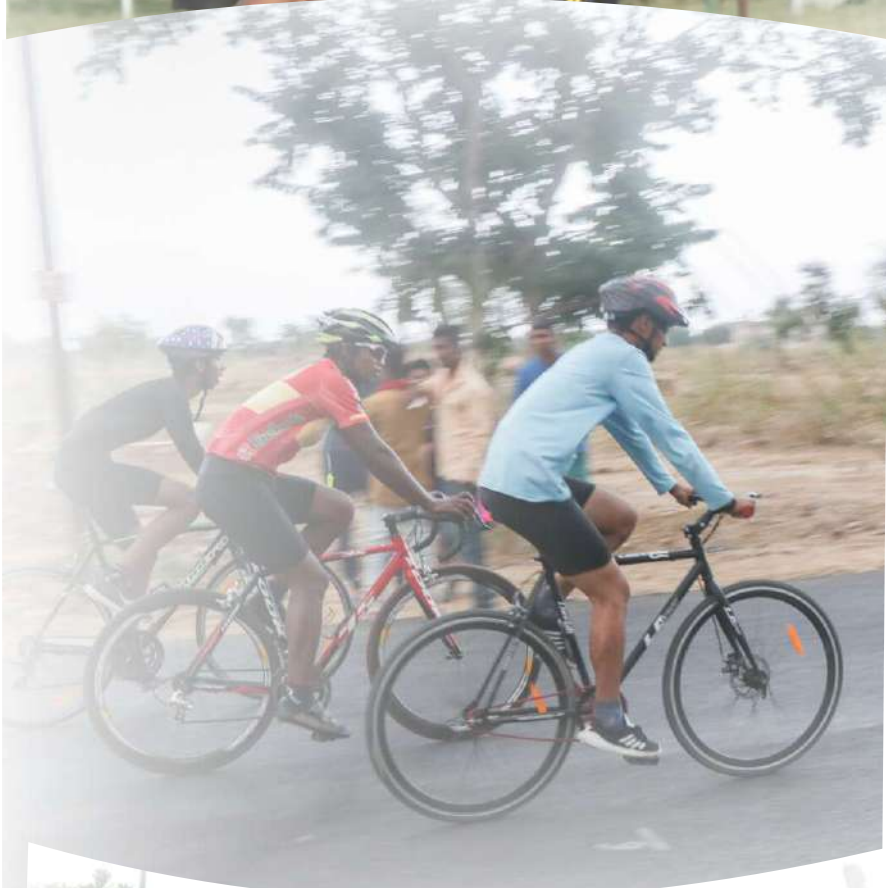


SPORTS



With the support of the Ministry of Youth Affairs & Sports and the Sports Authority of India National Coaching Camps are held to train the Athletes. Training Camps are held for the Coaches as well

These Camps are held across different locations in India with each witnessing participation of approx. 200 Athletes and 50 Coaches. Before reaching the National level the Athletes undergo trainings and participate in local, district and State level competitions



Ministry of Youth Affairs & Sports
Government of India



**18 National Coaching
Camps were held
across 14 States of India**

“We do even more than bring joy of sports to persons with Intellectual Disability ; we provide life transforming experiences for Athletes, Coaches and Volunteers alike ; we encourage a powerful spirit of volunteerism in the communities to foster peace and understanding ; we help establish human rights and ultimately, send a message of compassion, inclusion and acceptance for all. By performing these services , our Program allows Special Olympics Athletes to work at their best and in turn, they help us to see the world differently and create a world of beauty without vanity, victory without conquest and respect without judgment ”

Dr Tim Shriver, Chairman SOI



The Preparation for the Special Olympics World Games

geared up in March 2018 since when the National level Camps were held across Madhya Pradesh, Haryana, Rajasthan, Odisha and Delhi until the contingent departed for the World Games venue in March 2019.



Preparatory Camps

When	Where
5-10 March 2018 + 24-28 March 2018	Bhopal Madhya Pradesh + Gurugram Haryana
19-24 June 2018	Pilani Rajasthan
1-7 March 2019	New Delhi





“Every human being has a fundamental right of access to physical education and sport, which are essential for the full development of his personality. The freedom to develop physical, intellectual and moral powers through physical education and sport must be guaranteed within the educational system and in other aspects of social life”
International Charter on Physical Education and Sport UNESCO 1978



Training , Games & Competitions in the States



Football Ability Test
@the Unified Football
Training Camp held at the K.
M. Patel Institute of
Physiotherapy, (Anand) Gujarat



National Unified Football Tournament for Women
at the Kalinga Stadium, Bhubaneswar Odisha
with 35 Athletes and 21 Partners from 7 States of India
April 2019



The 22nd Punjab State Special Olympics games
were held at Rayat & Bahra University Distt. Mohali,
in November, 2019. 600 athletes, 200 coaches,
150 volunteers and 20 officials from 20 districts of
the State including SSA Punjab



NCCs in the Year 2019

Volleyball@ Gujarat 5-10 January 2019

Handball & Basketball@UP 1-6 February 2019

Athletics, Bocce, Basketball @Delhi 11-16 February 2019

8 Sports @ Delhi 1-8 March 2019
Athletics @ Assam 18-23 March 2019

Unified Cricket @Rajasthan 1-6 Nov

VolleyBall @ Gujarat 3-8 Nov



Cycling @ Jharkhand 3-8 Nov

Floorball & Floor Hockey @ UP 15-20 Nov

Figure- Skating & Speed Skating @ Haryana 24-29 Nov

Floorball @Odisha 1-6 Dec

Basketball @ Meghalaya 1-6 Dec

Floorball @ Kerala 2-7 Dec

Handball @ Puducherry 10-15 Dec

Football@ West Bengal 12-17 Dec



Athletics @ Bihar 12-17 Dec

Football/Bocce @ Delhi 15-20 Dec

Athletics @ Assam 16-21 Dec

Young Athletes

Supported by
IKEA Foundation



The Young Athlete Program is part of the Special Olympics Global Strategy 2016-2020 to provide improved opportunities to athletes to perform at their best and also to build positive attitudes towards people with intellectual disabilities. YA is an important strategy towards achieving the goal of improving Athlete performance along with providing a positive and Unified experience

2017
29 States
159 Districts

2018
27 States
163 Districts

2019
28 States
165 Districts

YA Participants & Supporters	Target	2019 Achieved	2017-19 Cumulative
Number of participating YAs with and without ID	115,000	115,548	328,812
Number of participating YAs without ID	50,000	59,983	121,392
Number of participating YAs without formal diagnosis	65,000	44,653	44,653
Number of participating family members	65,000	65,466	230,013
Number of individuals (coaches) trained to lead YA activities	10,000	7,331	28,329
Number of volunteers supporting YA activities	2,000	4,928	16,476
Number of community partners supporting Young Athletes	3,000	5,611	8,236

What is the Young Athletes Program

The Special Olympics Young Athletes is a sports and play program for Children with and without Intellectual Disabilities ages 2-7 years old. Young Athletes offers an opportunity to learn about every child's abilities and to readjust expectations through inclusive play. It includes a series of structured physical activities, songs and games to teach basic motor skills. Through these play activities children grow and develop valuable motor skills, like walking and running, while also enhancing social and cognitive skills through interaction with their peers, with and without intellectual disabilities.



Implementation in the States

Young Athletes supported by IKEA Foundation has been implemented across India taking into consideration India's strengths, risks and challenges based on multiple cultures, landscapes, social, economic, geographical, population and most importantly, the huge urban and rural divide.



The International Olympic Day -23 June was celebrated with the IIS (Inspire Institute of Sport, Vijayanagar) Athletes in Ballari, Karnataka. The celebration brought together 20 Young Athletes from the Saadhya and Tamanna Residential Schools for the Specially-abled and over 20 sports students from the Institute. IIS is a unique initiative led by the JSW Group that brings together 20 corporate donors who are collectively funding the operations of the institute through CSR funding

Government of India's Sarva Shiksha Abhiyan (SSA) - *Education for all* was the primary platform through which the program was implemented in the States



The YA program will be conducted regularly at the LV Prasad Eye Institute, Hyderabad. The trained staff of the Rehabilitation Center at the Institute (Center for Rehabilitation and Center for Sight Enhancement) will conduct the YA drills regularly under supervision of the SO Bharat- Telangana state chapter

Manoj Gupta, Coach from Meerut, Uttar Pradesh,

"Due to Young Athletes there is an increased awareness about Special Olympics and people in the communities, schools want to find out about other SO Programs and how they can participate"

The Deputy Collector, Project Officer & the coordinator of SSA -Kadappa District, Telangana inaugurated the YA in Feb 2019 . 102 IERTs (Inclusive Education Resource Teachers) participated in the program. Following this training each participant carried out YA in all the 51 Mandals



For the vast majority of children with intellectual disabilities and their families around the world, access to comprehensive and effective early childhood development programs is limited or non-existent.

In the developing world, where resources are scarce for all children, the issues and obstacles that children with Intellectual Disabilities face make access that much more difficult, **thereby making programs such as the Young Athletes, all the more urgent and necessary**



THREE MODELS OF YOUNG ATHLETES

School:

1-3 times a week in a class throughout the school year

Community :

1-3 times a week at a community location (club, park, community hall etc) in a year

Home :

1-3 times a week at home in a year

Special Olympics emphasizes on coaching as the key to high quality sports participation. National Training Programs are organized for Coaches with the support of the Sports Authority of India. These Camps are held across different locations in India with each witnessing participation of approx. 50 Coaches and 5 Resource Persons.

From January to December 2019, 18 Training Camps were conducted across 17 States of India featuring 10 disciplines. The Camps include one held for training the Program Managers of the States in Sports Management and another to train the Athletes leaders to learn or upgrade their leadership skills following the Special Olympics Module.

TRAINING PROGRAMS 2019 -20

Date	HOST STATE	Sports
12-17 February 2019	Delhi	Sports Management (prog Managers)
12-17 February 2019	Delhi	Athlete Leadership program
16-23 March 2019	Assam	Athletics
9-13 November 2019	Chandigarh	Badminton
21-25 October 2019	Punjab	Floorball
3-7 November 2019	Gujarat	Volley Ball
7-11 November 2019	Chattisgarh	Volley Ball
10-14 November 2019	Meghalaya	Table Tennis
10-14 November 2019	Puducherry	Football
13-17 November 2019	Himachal Pradesh	Floor Hockey
21-25 November 2019	Patna	Football
25-29 November 2019	Kerala	Soft Ball
1-5 December 2019	Madhya Pradesh	Power Lifting
1-5 December 2019	Odisha	Football
1-5 December 2019	Rajasthan	Table Tennis
6-10 December 2019	Jharkhand	Cycling
5-9 December 2019	Delhi	Power Lifting
15- 22 December 2019	Uttarakhand	FloorBall

Special Olympics Dance Sport Workshop



Dr Pierre Gider, Chair of Dance Sport of Special Olympics Resources Team, led the Special Olympics Dance Sport workshop held on 15 & 16 January 2019 at the Frank Anthony Public School New Delhi.

25 participants from 13 states of India made a Unified group who went through the theory and activity sessions wrapping up with a solo performance from 7 participants, each demonstrating a different form of dance

Athletes from Goa and Maharashtra, Avila (Roller skater) and Rohit (Swimmer) participated in the the Dance Sport demo competitions held at the World Summer Games 2019 Abu Dhabi.

“Out of experience I can say,

just put on music and within 5 minutes, you will see each and every Athlete dance without any inhibitions. This is a very good initiative”

– **Air Marshal Denzil Keelor , Founder & CEO SO Bharat**



“I see a lot of potential in India. I would encourage you to go back to your states and just start implementing the lessons.

You have to pull yourself out of your comfort zone and you will get so much back from your Athletes and the Youth. I would love to see bigger communities dancing, having dance competitions here”

- **Dr Pierre Gider**



The **Advance coaches training program** was organized by Special Olympics Bharat **Punjab, Mohali** from 21- 25 Oct 2019 at the Rayat Bahra University Kharar Mohali .The program was inaugurated by Sh Daljit Singh, the Vice –Chancellor of Rayat Bahra University Mohali. A practical session in morning & a theory session in the afternoon were conducted throughout the duration of the Camp



Siddhant Nath, Athlete leader from the National office, shared the importance of cleanliness as well as UNIFIED LEADERSHIP.

He motivated the Campers to follow the National initiative of fostering cleanliness - 'SWATCH ABHIYAN' as a habit



50 Coaches from 10 states of India including those which remain hot for a larger part of the year, braved the biting cold to receive training in Snow Sports- Alpine Skiing, Snowboarding and Snow Shoeing. The Coaches training Camp was held from 14-18 January 2019 at the Winter Sports Site , Narkanda , Shimla, Himachal Pradesh. Excepting the host state, the rest were from parts of India which never receive snow.

National Championship 2019

The Winter Games National Championship in Figure Skating and Speed Skating was held between 12th and 17th February 2019 at the Ice skating rink, skate at the Ambience Mall, Gurugram, in collaboration with the Bird Group. 137 Athletes, Unified Partners, Coaches volunteers, officials and resource persons from 7 states participated.





During the same period the National Championship in Snow Sports) was held in Narkanda, Shimla. 143 Athletes and 44 Coaches from 9 States of India along with 15 Volunteers and 27 officials and Resource persons aggregating to 229 Campers. The Camp featured participation in Snow Shoeing, Snow Boarding and Alpine Skiing. The Resource team from ***The High Altitude Trekking & Skiing Centre, Narkanda*** led the participants throughout the duration of the Camp

Narkanda boasts of appropriate infrastructural facilities required for conduct of Snow Sports, having been venue for most of the camps.

Highland Adventure Institute partnered with SO Bharat in the conduct of the Championship inasmuch as providing expertise and equipment.

Over an hour of snowfall each day, throughout the duration of the Championship resulted in the trainers having to press the snow manually, to harden it for the successful conduct of the events.



Opened by Shrey Kadian, SOAP Athlete Input Council Member from India, an Athlete Leadership workshop was held from 21-23 February 2019 at the Frank Anthony Public School New Delhi. Approx 33 prospective Athlete leaders from all over India along with their mentors surprised everyone. The Athlete Leadership workshop & the Program Manager's Training ran parallel at the same venue.

The Program Manager's training witnessing

participation of 20 program managers from 17 States. It served as a platform to explicate deliverables and also address the challenges. Youth Engagement, Financial Reporting etc. were subjects which triggered valuable discussions and thoughts. To demonstrate the importance of physical fitness, the Program Managers joint the Athlete leaders in a session of 'Fit 5' taken by Mr Raman Kaushal, from the Scottish High International Gurugram,

Trainings:
Athlete Leadership;
Sports Management
for the
State
Program
Managers



**Athlete Leadership
Training:**

Public Speaking Skills
Governance
Health Care
(Being a Health Messenger)
Sports
Fund Raising

"This is a fantastic opportunity for us to imbibe life skills, which are essential for the day-to-day developments of the athletes" - Shrey Kadian

FOCUS GROUP Sessions

As part of the ongoing monitoring and evaluation efforts for Sports, and to continue with measurement of sports metrics in sync with the 2016-2020 Strategic Plan, Special Olympics International(SOI) would like to better understand the sport experiences of the athletes.

Two Focus Groups were held to contribute the Indian experience to the collective qualitative data. This endeavour reaches out to the athletes, coaches, families, and other stakeholders on a deeper level. Results from these focus groups will help SOI understand what we are doing well, in terms of providing quality sports opportunities for athletes AND also where program support is required to further improve the quality of the athlete sport experiences. The Focus groups were held on 9 November 2019 at the Maitreyi College , Delhi University, New Delhi

GROUP A **16 Athletes** **Interviewer:** **Harpreet Singh**



GROUP B **8 Athletes** **Interviewer:** **Akshay Sud**

Health

The right to health is a fundamental human right, essential to the fulfilment of other human rights and thus must be guaranteed to all people, including persons with disabilities.

However, while people with disabilities are more likely to have health care needs, they are less likely access equitable health care

The Special Olympics Healthy Athletes program provides free health screenings in a fun, welcoming environment that removes the anxiety and trepidation people with Intellectual Disabilities often experience when faced with a visit to a doctor.

Special Olympics trains health care professionals who then go back to their practices with increased knowledge of and compassion for people with Intellectual Disabilities. It works with governments, non-governmental organizations, Universities and the private sector to encourage them to provide better healthcare for People with ID



HA 2019

Screenings conducted in the year

Date	Location	Event	Discipline	Athletes Screened/Parents Involved
1-3 January 2019	Asha Kiran New Delhi	Healthy Communities	Special Smiles	Approx 900
16-18 January 2019	Asha Kiran New Delhi	Healthy Communities	Opening Eyes	893
24 January 2019	Asha Kiran New Delhi	Wellness	Zumba	60
28 January 2019	Asha Kiran New Delhi	Healthy Communities	Health Promotion	Approx 200
28-29 January 2019	Hyderabad Telangana	Healthy Athletes	Healthy Hearing Special Smiles	264
1-2 February 2019	Warrangal Telangana	Healthy Athletes	Healthy Hearing Special Smiles FHF	298
2-3 February 2019	Asha Kiran New Delhi	Healthy Communities	Health Promotion	Approx 400
21 February 2019	Asha Kiran New Delhi	Wellness	Hygiene	60
28 Feb-1 March 2019	Vishva Special School Gurgaon	Healthy Athletes	Special Smiles	234
19-20 March 2019	Sarusajai Sports Complex Guwahati Assam	Healthy Athletes	Special Smiles Opening Eyes	250
30 July 2019	Asha Kiran New Delhi	Wellness	Hygiene Zumba Friendship Day (henceforth Zumba every Monday)	41
1-2 August 2019	Puducherry	Healthy Athletes	Health Promotion Healthy Hearing	400
8-10 August 2019	Asha Kiran New Delhi	Healthy Communities	Opening Eyes	Approx 900
13 August 2019	Asha Kiran New Delhi	Healthy Communities	Athlete Leadership Training	41
21-23 August 2019	Asha Kiran New Delhi	Healthy Communities	Fitfeet	863
23 September 2019	Seth RCS College Durg, Raipur Chattisgarh	Healthy Athletes	Special Smiles Fitfeet FHF (Foot Hygiene)	Approx 400
17 October 2019	Asha Kiran Rohini, Delhi	Healthy Communities	Dance Sport	41
24 October 2019	Savera Special School Jhajjar Rajasthan	Healthy Athletes	Family Health Forum	80
23-24 October 2019	Renu Vidhya Mandir Bhalgarh (Sonipat) Haryana	Healthy Athletes	Healthy Hearing	230
4 November 2019	Renu Vidhya Mandir Bhalgarh (Sonipat) Haryana	Healthy Athletes	Health Promotion, Special smiles, fit feet	250
4-5 November 2019	Jhalwar Rajasthan		Special Smiles , Funfitness	250

SO Bharat networks with 82 Clinical Directors across seven disciplines to support the Healthy Athletes program. Clinical Directors (CD) are medical volunteers who lead a Special Olympics Healthy Athletes program in a particular discipline. Five Regional (Asia-Pacific) Clinical Advisors fortify the program applying their expertise and experience with the Special Olympics program over the years. Along with training more Clinical Directors they are instrumental in introducing the relevant organizations and institutions to the movement

**SO Bharat conducted 29 screenings during the year 2019 , across different locations in India.
12075 Athletes (including follow-ups) were examined
across the different health parameters**



**Mr Dipak Natali, Acting President and Managing Director,
Special Olympics Asia Pacific:**

"For many of us, seeing a doctor or seeking any kind of medical assistance can be an intimidating and daunting experience. For many people with Intellectual Disabilities, this feeling can be even more acute. The issue is compounded by the stigma that people with ID face in the wider society, and they may end up not seeing a doctor at all, leading to all sorts of longer-term medical problems that may well have been avoided. Special Olympics Healthy Athletes offers people with intellectual disabilities a chance to see a trained medical professional and access healthcare on their own terms"

Program	Opening Eyes	Special Smiles	Fun Fitness	Fit Feet	Healthy Hearing	Health Promotion	MedFest	Total
No. of Clinical Directors	19	25	9	13	7	8	1	82
No. of Screening	5	10	1	5	5	4	0	29
Total of Athletes screened at every screening	2,608	3,609	250	2,213	1,444	1,951	0	12,075



Regional Clinical Advisers

Dr Prithie Rekhi
RCA- Opening Eyes

Dr Subhash Chandra
RCA- Fitfeet

Dr Govind Bisht
RCA- Fitfeet

Dr Veenu Seth
RCA-Health Promotion

Dr Reena R Kumar
RCA-Special Smiles



Special Smiles (dental) and Fitfeet in Chattisgarh (Durg) under the supervision of Clinical Directors Dr Abhijit Rishabh and Dr Asif Elahi respectively supported by over 60 volunteers from Rungta Dental College Kurud Bhilai & Apollo Physiotherapy College Anjora Durg.



80% of the Athletes require Oral care. The anomalies are due to lack of Oral hygiene. Along with screening and treatment, education is what is required. Following the screenings necessary Oral hygiene is not maintained due to which problems develop. To a great extent it is the casual attitude of the parents/ guardians towards health care of children with ID , in many cases, which deprives them of Oral health. Being a part of a sports organization this can divide their attention and affect performance

Dr Abhijit Rishabh
Dentist

(Clinical Director Special Smiles since 2007)

An incident overwhelms me even today. After having examined an Athlete I made her wear a pair of spectacles. She saw around and then just held my hands and kissed them. She was in her late twenties. I realized that she had never seen any better. For her that's what the world had gradually shaped to be. That day with the spectacles everything in an instant became so clear making her so happy"

My experience of screening the Athlete has often made me contemplate over how many of the anomalous conditions that exist could've been prevented. It could be a lack of care and regular monitoring that may have led to conditions that could be reversible or perhaps irreversible.

The problems are related with simple hygiene or cataract that could've been treated or may be just a poor eyesight that could improve with the correct lens- **Prof Monica Chaudhry,**
Director of School of Health Sciences,
Ansal University Gurgaon, Haryana;
Clinical Director-Opening Eyes
Chairman, Optometry
Council of India



HA Screenings



"My child would not respond when called from a distance. He only responded when I called out his name standing near him. At this screening, we got to know that his ear drum was perforated. We were referred to an ear-nose-throat specialist who prescribed some antibiotics and ear-drops and now his hearing has improved significantly. My child must have been in so much of pain but could not express himself"

Amudha
Mother of Ajay
Puducherry



During a Health Promotion screening the blood pressure is monitored, Body Mass Index (BMI) and Bone Mineral Density (BMD) are measured, and nutrition counseling is given. To have a balanced meal that includes the major food groups like carbohydrates, proteins, Fat, vitamins and Mineral, and lot of water, is advised.

At the screening held in Puducherry, the children were made to play snakes and ladders on a giant board where ladders represented good choices and snakes represented bad choices. What is alarming is the number of children with an anomalous Body Mass Index, obesity etc.



A Family Health Forum was conducted in West Bengal on 30.11.2019 at Aikatan EZCC (Eastern Zonal Cultural Centre)complex, attended by 98 family members. PID Sangita Jatia constitutional Area Leader of Lions Club of International graced the occasion along with many more esteemed guests who shared their thoughts and expertise on the subject of Female hygiene. The discussion addressed the urgency of communicating the subject to girls with Intellectual Disabilities and also the crucial role of the family in supporting them during this period. Medical experts who attended the event emphasized on maintenance of hygiene specifically during this time. They addressed various taboos associated with this phenomena and strongly advised the family members to think judiciously and steer their attention towards keeping the Athletes comfortable throughout this experience.

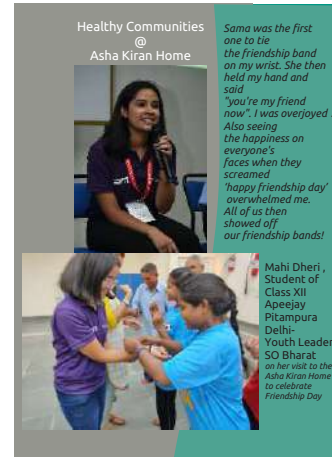
A female Coach from the State Chapter spoke about her experiences with the female Athletes and the role of a mother or a Coach. She shared a few anecdotes from the lives of a few Athletes who faced a challenge owing to lack of awareness

Family Health Forums

The Asha Kiran Home for the Mentally Challenged, Department of Social Welfare, Govt. of NCT of Delhi



Led by Dr Sudeep Saxena the evaluation was conducted with the support of 40 trained volunteers from Santosh Medical College, Ghaziabad who are all Physiotherapy students and fresh pass-outs supervised by their Head of the Department Dr. Deepak Kumar Raghav PT



Healthy Communities @ Asha Kiran Home

Sama was the first one to tie the friendship band on my wrist. She then held my hand and said "you're my friend now". I was overjoyed. Also seeing the happiness on everyone's faces when they screamed 'happy friendship day' overwhelmed me. All of us then showed off our friendship bands!

Mahi Dheri, Student of Class XII Apeejay Pitampura Delhi- Youth Leader SO Bharat on her visit to the Asha Kiran Home to celebrate Friendship Day



The third and final phase of MATP evaluation was conducted at the Asha Kiran Home with 104 Special Athletes selecting 56 who would require MATP.

This followed the first and the second evaluations which were conducted over a period of three months across a total of 400 Athletes



The first session of Athlete leadership training for the Health Messengers started with a drawing exercise by 41 residents of the Asha Kiran led by Harpreet Singh and Siddhant Nath. The session was free flowing, the participants drew anything that held a place of prominence in their thoughts. It was heartening to see them draw a house, something that many are deprived of, as Asha Kiran is a Delhi Government run residential care facility for persons with Intellectual Disabilities, many of whom are abandoned. All were asked to explain their drawings briefly.

One trainee drew small circles all over the sheet making it difficult for the resource person to comprehend until he explained that it was a bouquet of flowers and flowers make him happy!

Special Olympics Healthy Community is a program recognition that demonstrates an on-going community- integrated dedication to facilitating access for people with Intellectual Disabilities to health and well-being services, education, and support everyday



"Donate your time – tell them a story, talk to them, sit with them" – Dr Bhardwaj is the Superintendent at the Asha Kiran Home for the Mentally Challenged, Department of Social Welfare, Govt of GNCT of Delhi

"This is just the right place to implement HA Healthy Communities. This is a community of 1000 persons. Everyone is available anytime of the day for screenings, follow ups. I must express my appreciation of the doctors who come through the Special Olympics Healthy Athletes Program. They are so accepting of the children here. They demonstrate no hitch in touching the children, in engaging with them, in giving them a warm hug, all of this that doesn't come very easy with many others. Once the children feel loved, it makes everything else so easy"

Healthy Communities

Special Olympics works to improve awareness of what People with ID can achieve. We need people to see our athletes competing, and leading the way as the face and voice of our movement; that is what opens hearts and minds and ultimately promotes inclusion in friendships, communities, health, education and jobs

Special Olympics World Summer Games 2019, Abu Dhabi, UAE

The 15th Special Olympics World Summer Games were held in Abu Dhabi from 14-21 March 2019 under the patronage of His Highness Sheikh Mohamed Bin Zayed Al Nahyan, the Crown Prince of Abu Dhabi and Deputy Supreme Commander of the UAE's Armed Forces. With more than 7,500 athletes from over 190 nations competing, Special Olympics World Games Abu Dhabi 2019 was the largest sports and humanitarian event in the world setting the benchmark for the most unified Games in the 50-year history of the Special Olympics movement.



Sport Discipline	Athlete		Unified Partner		Coach		HOD/AHOD		TOTAL
	M	F	M	F	M	F	M	F	
11 - A - SIDE UNIFIED FOOTBALL	9		7		4				20
7 -A- SIDE UNIFIED FOOTBALL	6	6	4	4	3	2			25
AQUATICS	11	9			3	2			25
ATHLETICS	19	18			5	5			47
BADMINTON	4	4			1	1			10
BASKETBALL	10	10			5	2			27
CYCLING	20	15			5	4			44
FUTSAL		7				2			9
GOLF	2			1	1				4
HANDBALL		9			3	2			14
JUDO	4	2			1	1			8
POWER LIFTING	16	13			4	3			36
ROLLER SKATING	13	13			4	1			31
TABLE TENNIS	2	3			1	1			7
UNIFIED BASKETBALL	5		5						10
UNIFIED HANDBALL	5		5						10
VOLLEYBALL	10	10			3	2			25
	136	119	21	5	43	28			
AHOD							2	1	3
HOD							1		1
TOTAL	255		26		71		4		356

Sport Discipline		Gold	Silver	Bronze	Total
1	Aquatics	9	6	6	21
2	Athletics	5	25	11	41
3	Badminton	8	3	4	15
	Unified Basketball		10		10
	Basketball F		10		10
4	Basketball M		10		10
5	Cycling	11	14	20	45
6	Football 11 a side				0
	Football 7 a side			10	10
	Football 7 a side				0
7	Futsal		7		7
8	Golf		3		3
	Unified Handball	10			10
9	Handball F			9	9
10	Judo	3	1	0	4
11	Power lifting	20	33	43	96
12	Roller Skating	13	20	16	49
13	Table Tennis	6	3	0	9
	Volley Ball F			10	10
14	Volley Ball M		10		10
	Total	85	155	129	369

India's Sport Participation at the 2019 Abu Dhabi Games

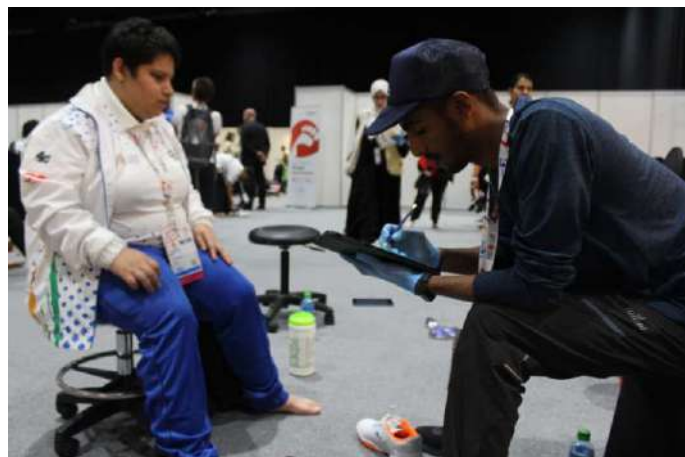


India's Sport Participation at the 2019 Abu Dhabi Games



Beyond Sports HEALTHY ATHLETES

Within a span of seven days all the Athletes were screened across all the HA disciplines



Beyond Sports

Opening & Closing Ceremonies

Medal Ceremonies

His Highness Sheikh Mohamed Bin Zayed Al Nahyan announced the start of Special Olympics World Games 2019 at a spectacular Opening Ceremony held on 14 March 2019 at Zayed Sports City. The Crown Prince of Abu Dhabi and the Deputy Supreme Commander of the UAE's Armed Forces officially welcomed more than 7,500 athletes and 3,000 coaches, representing 200 nations, for seven days of incredible Olympic-style sports and a celebration of the human spirit.

On 21 March the final curtain fell on Seven days of sporting achievement, dozens of events, countless displays of bravery, and millions of smiles.



The Sports Competitions were held between 15 and 20 March 2019. SO Bharat participated in 14 sports including Unified Basketball, Unified Handball and Unified Football. With 96 medals, Powerlifting won the maximum number of medals.

This was India's 9th participation at the SO World Summer Games and India participated in 14 out of 24 Olympic-type sports featuring the World Games represented by 281 Athletes (including 26 Unified partners), 71 Coaches and 4 Officials (HOD and AHOD).



Beyond Sports
Glimpses into more
events and
moments during
the
World Games

Youth Summit
Special Olympics
Dance
Demonstration



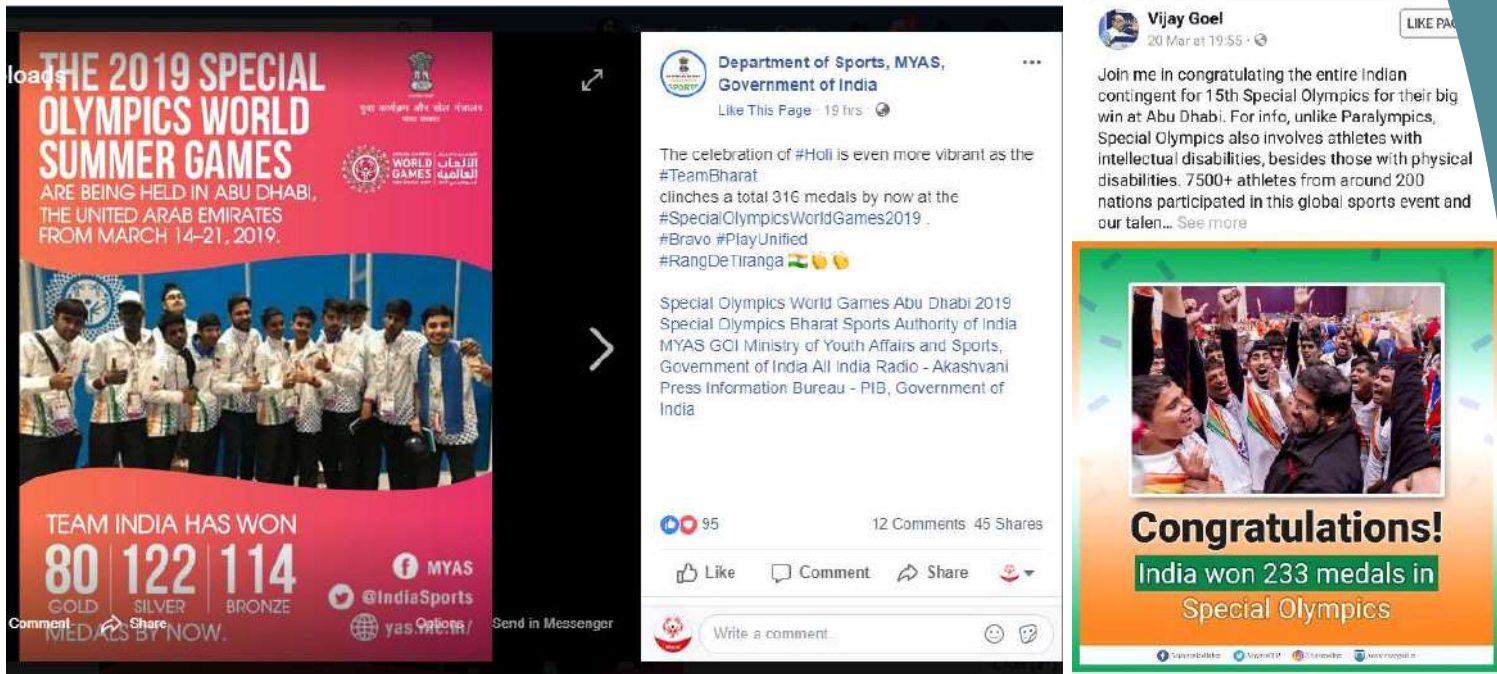
The Sports Secretary,
Ministry of Youth Affairs
& Sports ,
Govt Of India



At The:
Embassy of
Dubai
AND
Embassy of
Abu Dhabi

On Arrival of the SO Bharat Contingent

More from the Social Media



Supporters of Team India @ World Games 2019



Sachin Tendulkar @sachin_rt · Mar 22
Special people do special things.

Congratulations to all the athletes and the support staff of #TeamIndia on winning a staggering 368 medals 🏆 at the @WorldGamesAD.

जय हिंद 🇮🇳

#SpecialOlympicsWorldGames2019



MEET THE TEAM: Special Olympics Bharat (India) | Volunteer Content by Valerie Radford

Special Olympics Team Bharat is fired up and ready to take on the world at Special Olympics World Games Abu Dhabi 2019 next month!

February 27, 2019



More events from the year 2019

7-9 February 2019, Chennai Tamil Nadu



Between Feb 7th to 9th 2019 the Jawaharlal Nehru Stadium in Chennai Tamil Nadu hosted four events simultaneously bringing approx 5000 persons together.

This extraordinary sports experience celebrated human spirit in teaming up persons with and without Intellectual Disabilities. In partnership with the Madras West Round Table 10, SO Bharat-Tamil Nadu hosted the Special Olympics Asia Pacific Unified Badminton bringing over teams from Bangladesh, Bhutan, Nepal and India. The event was declared open by the hon'ble Governor of Tamil Nadu, Sri Banwarilal Purohit.

29 March 2019, Puducherry

350 Rehab Professionals (RCI professionals) from all over the country, many from Inclusive schools participated in a three day International Conference on 'Reflecting on Successes & Barriers in implementing Inclusive Education for Children with Special Needs' held from 28-30 March 2019 in Puducherry. Ms Chitra Shah and Dr. Ram Mohan Singh from SO Bharat Puducherry presented a paper on Young Athletes on 29 March outlining Importance of the program specifically from the rehabilitative perspective.



23 July 2019- Divya Kala Shakti - 'Witnessing Ability in Disability'



34 Athletes from SO Bharat- Assam (7), Manipur (1), Meghalaya (8), Mizoram (8), Sikkim (2) and Tripura (8) performed at the Bala Yogi Auditorium of Parliament House during the Divya Kala Shakti: National Cultural on 23rd July, 2019 in the gracious presence of the Hon'ble President of India. The President of India, Shri Ram Nath Kovind witnessed the extraordinary performances organized by the Department of Empowerment of Persons with Disabilities (Divyangjan), Ministry of Social Justice and Empowerment in G.M.C. Balayogi Auditorium, Parliament Library Building. The Vice President & Chairman, Rajya Sabha Shri M. Venkaiah Naidu, the Prime Minister Shri Narendra Modi, the Speaker, Lok Sabha Shri Om Birla were the Guests of Honour.

More events from the year 2019

16 Aug 2019- Mindtree Foundation

Athletes felt like 'celebrities' as they joined the Mindtree Foundation in their 'Social Day of Inclusion' celebrations on 16 August 2019 across the cities of Hyderabad, Bhubaneswar, Pune and Bangalore. Entertainment and highlighting their achievements created a whole new line up at the event.

Mindtree is a not-for-profit organization established in November, 2007



Changing the Game with the Mumbai City FC - 20 Nov 2019



"On 'World Children's Day' we take this pledge along with SO Bharat to embark upon a journey together towards our target of Inclusive Sports pushing the boundaries of the beautiful game"- Mumbai City FC

Athletes from SO Bharat played a first ever round of football at the Navi Mumbai Sports Association grounds, Vashi, Navi Mumba with the players from the Mumbai City FC



Amplifying Inclusion with WWE

WWE Tag Team- The New Day Mumbai March 2019



Charlotte Flair
Ten time WWE Women's Champion
Mumbai
November 2019

Special Olympics Bharat, in partnership with the Amity University UP Noida, organized a two-day International Conference on 12th & 13th September 2019 at Amity University UP, Noida campus following a pre-conference workshop held on 11 September 2019, witnessing an overall participation of over 350 researchers, policy makers, practitioners, educators, parents, Coaches and students.

With over 30 papers presented and over 90 CRE (Continuing Rehabilitation Education) certifications granted, the International Conference on Early Childhood Development for people with Intellectual Disabilities provided an interdisciplinary platform for researchers, practitioners and educators to present and discuss the most recent innovations, trends, and concerns as well as practical challenges encountered and solutions adopted in the fields of Early Childhood Education.

International Conference on Early Childhood Development for people with Intellectual Disabilities



Nineteen States of India participated in the first ever Asian Football Week 2019 held between 20 and 27 July 2019.

While playing football remained central to all the events, Unified or traditional, the programs held a variety of engagements like skill training, signing collaborations, inviting football clubs, local authorities, media etc to witness and participate in the event. Injecting a strong football environment, the football week created a great opportunity to collaborate and strengthen partnerships, accentuating and expanding the message of Inclusion through football.

Asian Football Week

International Conference on Developmental Disabilities and Inclusive Strategies- Chattisgarh December 2019

Mr Dipak Natali and Dr Amitav Mishra were invited for the keynote addresses on Inclusive Education, during the International Conference on Developmental Disabilities and Inclusive Strategies for Sustainable Developmental Goals.

The Conference was hosted by the Aakanksha Lions Institute of Learning and Empowerment in Raipur Chattisgarh from 9-11 December 2019. Some of the 17 sustainable goals (SDGs) related to disability were discussed as sub-themes for the International Conference.





Filming the Unified Pair- Shrey & Simran | Microsoft Teams

Special Olympics and Microsoft sent a crew to film the Unified Pair Shrey Kadian and Simran Sahni for their continuing efforts of adding more Unified Schools and Champion Schools in India.



The crew arrived to film Shrey Kadian and Simran Sahni who have been leading the Innovation project for strengthening Youth engagement. The project period of Performance was from 30 July 2018 through 30 July 2019.

Microsoft was looking to develop a video that highlights one of the Special Olympics Unified pairs as change-makers in creating more inclusive communities through Microsoft Teams.

Kaitlyn Hamrick (Smith) & Beverly Taridona from Special Olympics International traveled with the crew to oversee and guide the project

"When everyone's included innovation thrives. When diverse perspectives and innovative thinking come together, we create a world that's inclusive for all- not just in the future, but in the here and now" - Microsoft



SOAP Unified Badminton Championship- Nov 2019

More than 150 delegates from 14 countries took part in the inaugural Special Olympics Asia Pacific Unified Badminton Championship held in Bangkok, from 13 November to 16 November 2019. Hosted by Special Olympics Thailand, and supported by the Badminton Association of Thailand, the Sports Authority of Thailand and Plan B Media, the event was a showcase of the power of sport to foster mutual understanding, respect and acceptance for people with Intellectual Disabilities.

Participating Teams from countries across both the Asia Pacific and East Asia regions included: Bangladesh, Hong Kong, India, Indonesia, Korea, Macau, Malaysia, Maldives, Myanmar, Pakistan, Philippines, Singapore, and Sri Lanka.

Special Olympics Bharat was represented by a team of four male and four female Athletes.



Building Capacity

The aim is to align existing and new partners with our strategies, and combine increased resources with dynamic leadership to deliver the best possible impact for people with ID.

Special Olympics continues to develop athlete, youth and Program leaders using both dedicated and inclusive approaches, and improve Program quality. The program ensures that the athlete and youth leaders get opportunities to lead at every level.

TRAINING & CONFERENCE

The **Annual Asia Pacific Regional Conference** was held from 17-20 January 2019 in Singapore themed around Partnerships: The Catalyst for Inclusion. Guest speakers from diverse backgrounds such as UNICEF, the Asia Development Bank and more addressed how to secure a partnership and the benefits they could potentially bring.

The Youth continued to hold a central place through the duration of the Conference that steered towards upgrading their learnings through panel discussions and interactions with the youth from the national programs of the Asia Pacific region. Relationship building, Games legacy and inclusive health were few other subjects addressed during the conference.



An **Athlete Leadership Workshop** was held from 21-23 February 2019 at the Frank Anthony Public School New Delhi with approx 33 prospective Athlete leaders from all over India, in attendance.



The **National Leadership Conference** was held from 8-10 April 2019 at the Hotel Four Points by Sheraton, New Delhi witnessing participation of Area Directors and

state representatives (Presidents, Sports Directors) from 22 States. Officials from the Special Olympics Asia Pacific Regional Office were in attendance, as well to observe and support the Conference.

A Program Manager's training was conducted from 21-23 February 2019, witnessing participation of 20 program managers from 17 States. It served as a platform to explicate deliverables and also address the challenges.



Dr Amitav Mishra, General Secretary, SO Bharat, joined the distinguished researchers and fellows in Singapore to form a consortium to initiate the development of a learning hub specifically for the purpose of consolidating the significant research that has been done in the field of Intellectual Disability, identifying the gaps that still exist and to consider ways to work together as a full range of research partners to create a positive and practical impact on the lives of people with intellectual disabilities, not only in Asia, but across the world

Earlier from 24-26 May, 2019, Dr Amitav was invited for the **Special Olympics Motor Activity Training Program (MATP) Global Advisory Committee Meeting**, held in Singapore. The Meeting invited MATP experts from various

professional backgrounds providing a platform for share best practices from MATP implementation across different regions and settings, address key questions about MATP in relation to the Special Olympics strategic plan and decide contents for an updated version of the Global MATP Coaches Guide

Samantha D'Costa from Goa was invited to the second course week of the **AFC C- License Coach Education Program** led by Coach Zai & organized by the Special Olympics Asia Pacific (SOAP) Ltd from 22-26 April 2019 in Singapore.

SOAP partnered with the Asian Football Confederation and Football Association to conduct the course for 14 coaches from nine countries to get accredited as coaches and organize football development program from 2018 – 2021.



An **MATP train-the-trainer** program was held from 5-6 July 2019 at the YMCA, New Delhi. 28 participants, all Physiotherapists, who are also Clinical Directors of Funfitness and Fitfeet, received the training from Dr Sudeep Saxena and Dr Amitav Mishra, Global Advisor for MATP.

Demo sessions were held in the swimming pool, as well as indoors covering the complete spectrum, beginning with simulation exercises with the trainees



followed by engaging with Athletes from the Asha Kiran home New Delhi.



National Sports Directors' Seminar 25 - 27 October 2019 Singapore

SOAP INTERNATIONAL FLOORBALL SEMINAR 23-24 AUGUST 2019 SINGAPORE

18 Coaches from seven nations participated in the program

The National Sports Director, Mr Victor R Vaz and two Coaches from Himachal Pradesh & Haryana participated in the training, from SO Bharat



SOAP Communications & Development Workshop was held from 2-5 September 2019 in Singapore attended by thirteen Communication representative from eleven countries

Raman Rekhi, Director, Marketing and Communications participated from SO Bharat

Healthy Athletes Clinical Directors Train The Trainer



Thirty Eight trainees from sixteen states of India participated in the Healthy Athletes Clinical Director Train the Trainer held at the Frank Anthony Public School New Delhi on 16 and 17 November 2019. The training was held across the five disciplines: Fit Feet, Healthy Hearing, Health Promotion, Opening Eyes and Special Smiles. While the first day held didactic sessions across all the disciplines, the medical examinations of about 50 Athletes were held the next day.

Name	Discipline	Designation
Dr Reena R Kumar	Special Smiles (Dental)	Regional Clinical Advisor - India
Dr Prithie Rekhi	Opening Eyes (Eye care and vision)	Regional Clinical Advisor - India
Dr Subhash Chandra	Fit Feet (Podiatry)	Regional Clinical Advisor - India
Dr Veenu Seth	Health Promotion (Nutrition, blood pressure etc)	Regional Clinical Advisor - India
Nunu Nomonde Mtshazo	Healthy Hearing (audiology)	Regional Clinical Advisor - South Africa



"It goes beyond any training, any spoken words, when you see an Athlete see his mother's face clearly for the first time, or when an Athlete refuses to give the lens back to the Clinical Director because he finds the world suddenly looking crystal clear and beautiful" – **Dr Prithie Rekhi**

"I have seen my students develop as better human beings through volunteering to screen and educate the Athletes and their families/Mentors"– **Dr Veenu Seth**

"Just go on and on and on. Reach out to them without any inhibitions, work from your heart and you will be amazed at how much the Athletes can give back to you" – **Dr Reena R Kumar**

*"I am happy to see the excitement around but more important for me is to see the impact that the training brings in the days to come-
STAY WITH US"*

- Ms Avi Tania, Manager, Health & Program Development Asia Pacific Region



SOAP REGIONAL FAMILIES AND SIBLINGS ENGAGEMENT WORKSHOP
14 JUNE – 17 JUNE 2019,
SINGAPORE

Participation from India:
Aakriti Gupta from
Jammu &
Arthiya Elango from
Puducherry



Special Olympics Leadership Academy was held in Jakarta Indonesia from 23-25 September 2019, attended by **Simran Sahni**, Intern, Youth Activation, SO Bharat. It was a power-packed three days full of learning and development teaching us how to prioritize tasks by working smart not hard.



Special Olympics Global Athlete Leadership Workshop was held in Dublin Ireland from 13- 19 October 2019, attended by **Shrey Kadiani**, Member SOAP Athlete Input Council. Mr Harpreet Singh and Dr Amitav Mishra attended it from India

Aaynu, Nakul Kaushik & Dr SK Meena from Rajasthan at the **2019 Regional Youth Leadership Summit : Youth For Inclusion** held in Singapore in December



National Youth Summit



A three-day National Youth Summit was held from 28-30 May at the Amity University Uttar Pradesh (Noida). Over 180 Youth leaders with and without Intellectual Disabilities from 22 States of India participated in the event. The event aimed to catalyze inclusive youth leadership around the country by drawing attention of the front-runners in sport, education, sponsors and media while also connecting them with the Youth. Youth leaders from the states were those who had initiated their participation in the movement following the NLC201 (August 2018) along with the youth new to Special Olympics. The program was largely led by Unified Youth pairs who were supported by a team comprising of representatives from the Special Olympics International, Special Olympics Asia Pacific, Amity University and Special Olympics Bharat.



"I feel different. I joined this organization as a volunteer. Working in both capacities is different. As a volunteer you do what you have been told to do. But as a leader you have to think deep about innovative ways of driving the message of Special Olympics and Inclusion"

-Neha Sharma, Member National YAC



"I have overcome a fear of expressing myself. This is what I want to tell you all also- don't fear. Be confident, go ahead and take the lead" - Anil, Athlete leader, Pondicherry



"Stop doubting yourself" - Aaynu Sharma, Athlete leader, Rajasthan



"It's not that I don't understand but just that I need that extra time to fully understand the information and instructions. Do bear with me when that happens!" Siddhant Nath, Sports & Admin Asst, SO Bharat National office



The third edition of **Pratishtha** was held on 28 July 2019 by the National Youth Activation Committee. The event planning and execution was headed by the Youth leaders Param Ahuja and Siddhant Nath and supported by 60 Volunteers from Tagore International School Vasant Vihar & East of Kailash, Apeejay Pitampura, Amity University UP (NOIDA) and more.

Pratishtha 3.0 Community Outreach

Hanuman Park, Chirag Delhi, this year's selected venue, witnessed an approximate attendance of 1000 persons over a period of 3 hours, amongst which 350 registered to play cricket, football, badminton, volleyball, powerlifting, Kho-Kho and tug of war. Cricket, this year, fetched the maximum number of registrations as against powerlifting that gravitated maximum numbers earlier during both the years.





Under the lead of Agastya Rana, The International School Bangalore organised a triathlon as a fundraiser for SO Bharat, from 27 Feb to 1 March 2019

On similar lines, led by Anya Vacha , a Swimathon (fundraiser) was held at the Global Public School Kochi in August 2019



The Notice Board at the Tagore International School, Vasant Vihar New Delhi

YA Orientation, Unified Sports activities at the Jaypee Public School Greater NOIDA

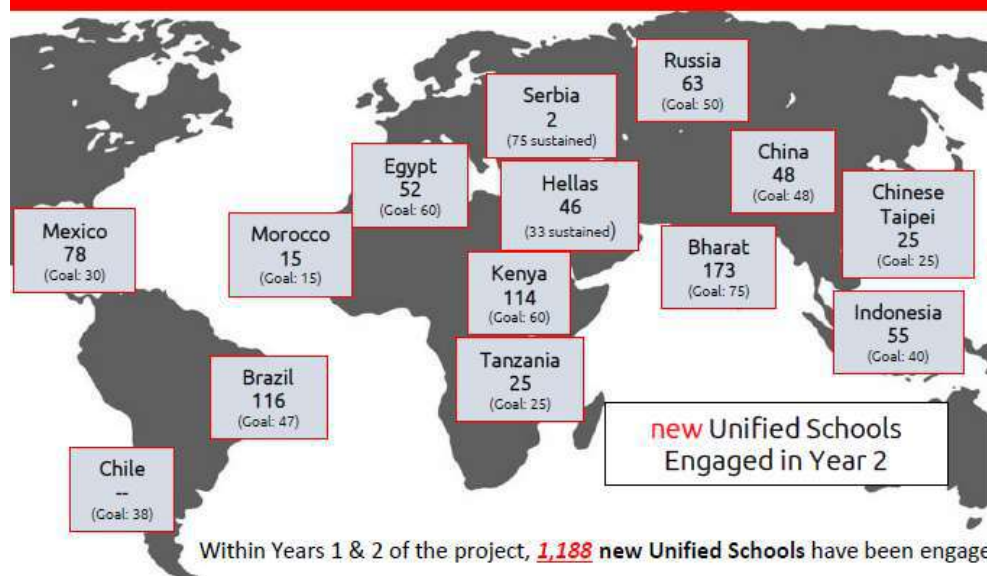


Kavya Sood, Youth leader from Himachal Pradesh leads YA at the Loreto Convent

As part of a three-year grant and landmark collaboration, the Stavros Niarchos Foundation and Special Olympics International created a partnership to amplify the global impact of Special Olympics programmatic work in Unified Sports, youth and school engagement. The 14 national Special Olympics Program partners engaged in the second year of this partnership include (Special Olympics): Bharat (India), Brazil, Chile, China, Chinese Taipei, Egypt, Hellas (Greece), Indonesia, Kenya, Mexico, Morocco, Russia, Serbia, and Tanzania.

February Global Report

Play Unified. Learn Unified.



Global Goals

(Year 2 Progress)



*All 3 global goals for Yr. 2 have been achieved!

Within Years 1 & 2 of the project, **1,188** new Unified Schools have been engaged by the 14 Special Olympics Programs to date.

Activity Tracker	SO Bharat Yr.1 (Total) / Yr. 2 (To Date)	
Unified Sports Teams	47	39
Unified Partners (without ID)	1,043	1,359
Unified Sports Athletes (with ID)	872	1,357
Unified Sports Competitions	17	5
Unified Sports Coaches Trained	137	88
New Unified Schools	172	174
Teachers Trained	306	151
Inclusive Youth Leadership Trainings	11	—
Youth Leaders Trained (without ID)	428	192
Youth Leaders Trained (with ID)	309	51
Youth indirectly engaged (fans in stands, participants in school-wide awareness events, etc.)	3,111	1,224



Special Olympics Bharat is developing the Unified Champion Schools program with a focus on engaging youth leaders with and without ID and training teachers and coaches across four states in India (Uttar Pradesh, Uttarakhand, Haryana, and West Bengal).



Mission Inclusion: Bharat

Supported by Lions Clubs International & Aruna Abhey Oswal Trust

Through the support from the Aruna Abhey Oswal Trust, Special Olympics Bharat and the Lions Clubs International launched 'Mission Inclusion Bharat' in 2017, 'focusing on a range of service areas, including the involvement of Leos in the Special Olympics inclusive sports program Unified Sports® to create an inclusive development platform across India to benefit children and adults with intellectual disabilities, their families and their communities.

Deliverables	Cumulative of two years (2017-2019)
Unified Events	34
Athletes and partners engaged in Unified sports	6419 athletes + 3125 partners +605 LEOs
Screenings: Special Smiles (SS), Opening Eyes (OE) & Healthy Hearing (HH)	27 (9944 Athletes) SS (4750); OE (3356); HH (1838)
Family Health Forum	22 (1934 parents)

Special Olympics Bharat is proud to have conducted, close to **10,000 individual athlete screenings** in the areas of Special Smiles (dentistry), Opening Eyes (vision/eye health) & Healthy Hearing (audiology); over **30 Unified Sports** events while engaging **over 600 Leos**.

Approx. **2000 parents** have participated in **22 Family Health Forums** which engaged health professionals and community leaders to address areas of health care, education, and inclusive activities concerning Persons with Intellectual Disabilities



IKEA Foundation



Funding from the **IKEA Foundation** has supported the growth of Young Athletes in Bangladesh, India, Pakistan and Thailand from 2017 through 2019.

The Young Athlete Program is part of the Special Olympics Global Strategy 2016-2020 to provide improved opportunities to athletes to perform at their best and also to build positive attitudes towards people with intellectual disabilities. YA is an important strategy towards achieving the goal of improving Athlete performance along with providing a positive and Unified experience



SO Bharat across India is regularly engaging with the Government of India to explore integration of the Young Athletes Program (YA) with the National Development Policy Programs for Integrated Social Development

The Asian Institute of Technology (AIT), Bangkok, Thailand is assisting Special Olympics International to evaluate the impact of the Young Athletes Program across four countries supported by IKEA Foundation.

Amity University, Uttar Pradesh, NOIDA is the national implementing partner of the project comprising of Senior Professors, faculty, scholars and volunteers



SOI and ESPN awarded a grant in support of Unified Sports® to Special Olympics Bharat to support Unified Sports and Youth Activation and Leadership in Delhi, Kerala, Goa, and Punjab. The schools and students are encouraged to progress on the path of obtaining recognition at various levels to keep the interest of all the stakeholders.



Metrics	Total	Actual
New Unified Sports Athletes	300	408
New Unified Sports Partners	210	270
Number of Unified Sports Coach Seminars	4	5
Number of existing Unified Sports Coaches Recertified	55	64
Number of new Unified Sports Coaches Certified	100	135
Number of Unified sports competitions held	4	4
Number of New Unfiled Schools	30	40
Number of Unified Sports Community organizations members	0	10
Number of University / college partners for unified sports	0	2
Number of ESPN employee engagements	1	0



Special Olympics Bharat-Maharashtra was awarded a grant from HASBRO for the third consecutive year.

Through this Special Olympics Unified Schools – Youth Activation Program we could achieve our goals of involvement of Unified schools, colleges and unified partners in the program. As a result of this support we have a YAC (Youth Activation Committee) in the state. We involved over 1000 youth with and without ID this year adding on ten new Unified Schools while sustaining the 50 added earlier through the Hasbro support. We were successful in progressing to two new Unified Champion Schools as well



Herbalife Nutrition



Scaling up their support with each passing year since 2015, Herbalife Nutrition, has initiated to extend support in the year 2020 towards developmental sports that prepares athletes between ages 6 and 12 to prepare for the competitive sporting arena

Amongst multiple event support, Herbalife Nutrition funded the SO Bharat contingent that participated in the Unified Cup 2018 held in Chicago, USA to celebrate fifty years of the Special Olympics movement world over. SO Bharat prepared a Unified female football team for the mega event.

Year 2020 looks forward to covering 30 districts across 18 States with the support of Herbalife Nutrition

Athletes & students from the Ambuja Manovikas Kendra, Ropar, Punjab, participated in a stamp making contest in the form of drawing/painting in September. This unique mode of spreading awareness reached Special Olympics through **UNICEF** India who partnered with the Department of Posts, Ministry of Communications, Government of India in their annual initiative

At the coincidence of 'Child Rights' celebrating 30 years and UNICEF celebrating 70 years in India, the Department of Posts partnered with UNICEF to launch the Children's Day stamp design on the theme of Child Rights this year. The underpinning objective to spread awareness of Child's Rights among school going children



Odisha Football Club

After having successfully engaged with the SO Bharat Delhi footballers and training the female team representing SO Bharat at the Unified Cup 2018 Chicago, the Delhi Dynamos FC (DDFC) now rechristened as Odisha Football Club (OFC) entered a Memorandum of Understanding (MoU) with the SO Bharat Odisha Chapter on 12 December 2019 at Hi Tech Medical College, Bhubaneswar

Aakash Narula, Head, Football Development, Odisha FC stated:

"The Special Olympics Bharat have carried out some incredible work over the years to help people with intellectual disability grow and evolve through sports. Football is a game for everyone on this planet and we couldn't be happier to promote inclusiveness through a continued association with Special Olympics Bharat."



Faculty of Physiotherapy constituent of
SGT University Gurugram,
Haryana
18th Jan 2019

Maulana Azad Institute of Dental
Sciences, New Delhi
20-Feb-19

Bootroom -Filming Project
23-Oct-19

Indian Orthodontic
Association, Bhubaneswar
Odisha
22-Nov-19

Inked Partnerships- 2019

The Big Picture- Convergence 2019

Ministry of Social Justice & Empowerment <i>"The Rights of Persons with Disabilities"</i>	Ministry of Youth Affairs and Sports <i>"The Power of Sports to transform lives"</i>
 <p>Schools/Institutions</p> <p>Special Olympics Young Athletes™</p> <p>Department of School Education & Literacy</p> <p>Lotus College of Optometry</p> <p>IDA® Indian Dental Association</p> <p>WWE</p> <p>Lions International</p> <p>DJ College</p> <p>Apeejay School</p> <p>Safilo</p> <p>Dental Council of India</p> <p>Pepper Media</p> <p>Essilor Vision Foundation</p> <p>Bajaj</p> <p>LVPEI</p> <p>ESPN</p>	 <p>Jamsetji Tata Trust</p> <p>DLFA Foundation</p> <p>Special Olympics Bharat</p> <p>ToysRUs</p> <p>AVSC</p> <p>TISB SWIMATHON</p> <p>ONGC</p> <p>TATA STEEL</p> <p>FIFA</p> <p>Premier League</p> <p>RAYAT-BAHRA</p> <p>Tottenham Hotspur</p>
 <p>Golisano Foundation</p> <p>HERBALIFE NUTRITION</p> <p>Sports Illustrated</p> <p>Leo</p> <p>WordsWork</p> <p>iSKATE</p> <p>Apeejay Group</p> <p>Svrán Group</p> <p>Alliance</p> <p>JBM Group</p> <p>KPL</p> <p>Environics</p> <p>Intosys</p> <p>DCM SHRIRAM</p> <p>Aruna Abhey Oswal Trust</p>	 <p>IKEA Foundation</p> <p>KISS</p> <p>KiiT</p> <p>MATTEL</p> <p>PHD CHAMBER</p> <p>HUDCO</p> <p>KHELO INDIA</p> <p>(BE) FEARLESS KIND</p> <p>MAJOR DONOR</p> <p>ISN/SNF</p> <p>STAVROS NIARCHOS FOUNDATION</p> <p>TATA STEEL</p> <p>WeAlsoMakeTomorrow</p>

a continuing timeline of partnerships...



Impacting Lives



Kerala



Aplonia, 20 yrs, won two bronze medals in Cycling (1K TT; 500 TT) at the Special Olympics World Summer Games 2019 Abu Dhabi UAE. Hailing from the district of Kottayam in Kerala this is not what she could even dream of. She dreams of being re-united with her sister and of living in a house at some point in life and for this she wants to earn. She also wants to complete the tenth grade, If she ever gets a chance to do so When she was four years old her mother who is believed to be mentally unstable had attempted to kill her while travelling outside the city.

She was caught red handed by her co-passengers and the child was handed over to an orphanage. The orphanage enrolled her in a boarding school. At the school she demonstrated behavior problems. She would beat up the teacher and lock them. It was not a surprise that her school was changed. In four years four schools were changed.

She has been associated with SO Bharat for 5 years now. Her behavior even now has to be monitored but sports has steered her energy most meaningfully. Besides cycling, Aplonia has participated in Volleyball, Handball and Badminton while in Special Olympics



Puducherry



Jagadeswari lives with her family in a rented house at Kathirgamam village, Puducherry. Her father Arivazhagan earns a living by working as a security in a private company for a meagre amount while the mother remains a house wife. Jagadeswari was the first child born in the family Unable to cope up with studies beyond grade 8, she was asked to leave the school. Satya Special School and SO Bharat - Puducherry helped her hone her sporting talent. Having received the required therapies and sports training, she participated in the Abu Dhabi Games 2019 , as part of the female football team and won a team bronze!

"Through her sports achievements she has broken the Myth that disabled are a burden and have to be abandoned into institutions or orphanages."-

Ms Chitra Shah,
Area Director SO Bharat- Puducherry



Punjab

Amanjot, 20 yrs, is a celebrated hero in his village today as he returned with 3 Gold medals & 1 Silver in Powerlifting at the Special Olympics World Summer Games Abu Dhabi, 2019. He stays in the Village Bugga, District Fatehgarh Sahib, Punjab with his parents and a younger sister. His father is a carpenter.

Amanjot attended a mainstream school (Govt Senior Secondary School, Tanda Bhada Kalna) till the sixth grade when it was observed that he was unable to cope with studies. It was through the guidance of his Coach, Mr Sukhwinder Singh, Coach from the SSA (Sarva Shiksha Abhiyan) that his IQ was assessed and he joined the SO Bharat sports program. Amanjot played quite a few sports : Athletics, Volleyball, football, Basketball, powerlifting and Cricket.

Returning with four medals from a global competition has changed perspectives. Amanjot missed out on

the Punjab Board exams while he was away for the World Games, but he was given a chance to appear for the same on his return from the games.

"I could never imagine that one day people would recognise us through our son's achievements. If we enjoy a higher position in the society today, it is because of Amanjot. He has silenced all apprehensions heard earlier"- said his overwhelmed mother while the Gym owner today, talks proudly about having catered to an Olympian!



Jharkhand



Participating in the Special Olympics World Summer Games 2019 Abu Dhabi was a completely different experience for Lakhan Hansda, 32 yrs, Cycling Coach from Jharkhand. The place that was bustling with talent and excitement held so much for his Athletes. A sense of achievement overcame him as he felt that here is the recognition for each and every Athlete who he mentored closely against so many challenges back in his village.

At the age of 13, in the Damodih village in East Singhbhum, he was exposed to a platform which provided his daily mode of transport – a cycle, an opportunity to compete. But for participating at this level the cycle that he used to ride was no good. The appropriate one would cost a whopping Rs 65,000 back then! The reality of the situation got overshadowed with his passion and persistence and his father mortgaged the property that belonged to Lakhan's three brothers as well, to buy him his first cycle. Having bought it this way deepened his commitment that took him through various competitions at the local, State and National levels. Many years back he turned to Mr Satbir Sahota Asst Area Director SO Bharat- Jharkhand also an employee of TATA at that time, for guidance. Under his tutelage he built up his stamina and speed.



'From a participant my role changed to that of a Coach when I joined SO Bharat back in 2012. My perspective changed. My focus now is not only to improve my performance but I am also responsible for creating a path of success for others as well. Seeing the Athletes learn, participate and win feels like a higher achievement for me'

"During a screening conducted at the Asha Kiran Home recently, the smile that came across the face of an Athlete when I gave her a toffee, gives me satisfaction that I cannot explain. I consider myself blessed for being in a position to serve others. I have always wanted to do something beyond the routine medical practice of a Podiatrist (Foot Care Specialist) and Special Olympics Bharat has given me this platform to do so" **Dr Govind Bisht, Podiatrist, is a Regional Clinical Adviser- Fitfeet**

Delhi



The game changer for me was the Train the Trainer held in Shanghai during the SO World Summer Games in 2007. The training deepened my passion to serve, and crystallized my path to do my moral duty. It was in 2012 that I was designated Regional Clinical Adviser (Asia Pacific) – Fit Feet. In addition to SOWSG Shanghai 2007, I had participated as an International Volunteer in the Special Olympics World Summer Games (SOWSG) 2011 Athens, Greece and SOWSG 2015 LA, USA

It brings a smile on my face even today when I recall victory of a Gold medal by an Athlete 13 yrs. at that time, from the North Eastern Region. She had one foot to the level of the knee of the other. Even in her condition I never saw her complain. Her happiness shook my conscience. She ran with a crutch and won a Gold. Her victory felt like mine. I got myself clicked with her

While I feel so blessed supporting Special Olympics, I have learnt so much from the Athletes. Seeing them and their constant attempts to improve themselves has been inspiring for me. They are so positive. I have learnt how you can earn tremendous amount of happiness when you share and care.



Prof Kalpana Sharma's association with SO Bharat goes back 14 years when she was introduced to the organization as a volunteer. She recalls having volunteered at a Basketball event. Her involvement across multiple programs carried her deeper into its essence while expanding focus on concepts gaining significance like, Unified Sports and the Young Athletes programs. 9 PhDs and her experience with research across diverse dimensions of sports made her take the lead on a research for the SO Young Athletes Program supported by the IKEA Foundation in India.


Prof Sharma has travelled with her team across the country guiding and sensitizing the youth along with scientific documentation of data and witnessing the program touching lives of a cross section of people involved with the program. Anecdotes coming from her experience take many others into an insightful journey.

Uttar Pradesh




"The greatest motivation comes from the Young Athletes kit created for the purpose" She has seen the excitement it generates along with providing a tangible asset to the authorities to carry out the exercise with regularity. As the program touches lives of persons participating in it, carrying out research has brought her in contact with overwhelming experiences too. While data finds its way in official documents, the real life tales imprint a deeper impact in her heart. The flashes keep coming back as she recalls a few encounters which run like a reel in her memory

Prof Kalpana Sharma PhD & EMBA is the Dean of the Faculty of Education & Director ASPESS & Sports at the Amity University Uttar Pradesh.



Let me win
But if I cannot win
let me be
brave in the attempt

-Special Olympics Athlete Oath



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