

# ANNUAL REPORT FOR THE YEAR

**SPECIAL OLYMPICS BHARAT - GOA**



### **Special Olympics Asia Pacific AFC C Certificate.**

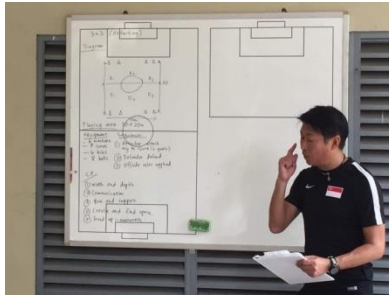
Special Olympics Asia Pacific partnered with Asian Football Confederation and Football Association of Singapore and conducted the Part II AFC C Certificate course at Singapore Sports School for 14 coaches from SO Bangladesh, Bharat, Malaysia, Indonesia, Singapore, Nepal, New Zealand, Fiji and New Papua Guinea to get accredited as coaches and organize football development program from 2018 – 2021. From Special Olympics Bharat, one trainee coach – Samantha D’Costa attend the II course at Singapore. The course was from 22nd to 27<sup>th</sup> April 2019

The resource persons for the course Coach Zaiuddin, Coach Toni, Coach Nazir, coaches from FAS Shafiq and Hidayat, Coach Ramesh Pal Singh, Coach Md. Herman, Augustine Arlando, a surprise guest – Mohammed Zidane a world renowned football player of Dortmund visited us.

The practical session and theory session were conducted on different topics such as Attacking were in 1v1, 2v2 and 3v3 progression was demonstrated. For small sided games, 3v3, 4v4 in game form, Goal Keeping with demonstrated tK technique, the W position, the Cup position, and low diving save, Defending session i.e 1v1, 2v3, 3v5 and 5v5 and their progressions, Principle of play of play was explained

For theory sessions - Hygiene Sports Safety and Injury Prevention, and Nutrition and Understanding Body in motion, laws of the Games and examination and assessments were done.

Distribution of course completion certificates from the hands of the course coordinator and Simon Koh Managing Director and President of Special Olympics Asia Pacific region. Coen concluded the course by congratulating everyone. And he along with the course coordinators were kind enough to issue the C License course completion certificate. The AFC coordinators gave away goodies to the trainees.



## *National Youth Summit 2019*

A three day inaugural National Youth Summit was held from 27- 30 May 2019 held at Amity University Uttar Pradesh (NOIDA). Over 250 participants from 22 States of India participated.

From the Goa Chapter, Mathias Godinho, Carisio Azavedo and Athletes Samir Babu Das and Sachin Suvarna.

The summit was held to catalyze inclusive youth leadership around the country, bringing together youth leaders with and without intellectual disabilities and adult leaders representing Special Olympics State Chapters.

Our youth leaders explained about the june event they planned to have in Goa. Unified games and activities were conducted for the youth. Including Unified Zumba.



## *Train the Trainers*

From Special Olympics Bharat Goa, 5 Coaches conducted train the trainer program all over Goa.



Train the Trainer Program was conducted on 03th July 2019. Mr. Ritesh Parsekar conducted sessions on Special Olympics Orientation Program and Unified Sports at Peace Haven Special School Caranzalem Goa.

It was conducted for the full school in which there were 38 participants. Classroom session was given on PowerPoint presentation and practical sessions was given on football skill. The participants were introduced to Special Olympics Unified Sports and the response was good



*Report on Train the Trainer Keshav Seva sadhana's Special School, Valpoi – Sattari - Goa (P.E. Teacher Dhiraj N. Sawant )*

On 29th June and 1st July 2019 Mr. Dhiraj Sawant conducted session on Special Olympics Orientation and Unified sports at Kehsav Seva Sadhana Special Education , Valpoi - Goa.

A total 10 participants attended the classroom and practical session. The classroom sessions begin with introduction and power point presentations on 29th June 2019. The Practical session was on Football skills in Special Olympics was conducted on 01st July 2019. The participants were introduced to Special Olympics Unified sports and the response was good .



Manjiri Jog, Supriya Hoble, Rupesh Naik , Chaya Mairekar, Ishwari Morazkar, Vishakha Gawde, Neha Gaonkar, Swara Malik, Eknath Matchak Mahesh Batturkar





*Report on Train the Trainer Special School, Valpoi – Sattari - Goa (P.E. Teacher Siddhant D. Naik)*

On 20th July 2019, Mr. Siddhant Naik conducted sessions on Special Olympics Orientation program and Unified Sports at Divyashray Tutelage Special School Shiroda Ponda Goa.

It was conducted for the staff in which there were 8 participants. Classroom session was given on Power Point presentation and practical sessions was given on table tennis skill. The participants were introduced to Special Olympics Unified Sports and the response was good.



*Report on Train the Trainer by Monali Korgaokar and Samantha D'Costa*

On 4<sup>th</sup> June 2019, Ms. Monali Korgaokar and Ms. Samantha D'Costa conducted sessions on Special Olympics orientation and Unified Sports at Sanjay Centre for Special Education Goa, Porvorim Goa.

A total of 21 participants attended the classroom and practical session. The classroom sessions began with introduction and PowerPoint presentations.

The practical session was on Football Skills in Special Olympics. The participants were introduced to Special Olympics Unified Sports and the response was good.





## Report on Unified Dance Session



The event “Unified Dance Session” was organized by the Youth Leaders of Special Olympics Bharat Goa on the 28<sup>th</sup> June & 29<sup>th</sup> June 2019 at Don Bosco Oratory Panjim.

28<sup>th</sup> June 2019: THE DANCE WORKSHOP for the Special Athletes started off with an intro given by the instructors

followed with a session of warmups, which gave the Special athlete’s some time to be comfortable with the dance instructors. The children were taught basic dance styles like hip-hop and popping. The MTV pantaloons winner Amar Ojha along with dancers Akash .N. Shirodkar and Kalpesh Kubal had an interactive dance session. The workshop ended by serving refreshments to everyone present.

29<sup>th</sup> June 2019: The Youth Leaders of Special Olympics Bharat, Goa had organized Unified Dance Session. The day 2 of the session was even more fun and exciting with the presence of young, enthusiastic Special athletes and students as well as dancers from all over Goa. Mr. Newton Dias, a Film and Model Casting Director based in Panaji and an Ex Model for Designer Wendell Rodricks and Designer Savio was invited to grace the function along with Miss. Vrushali Cardozo, Area Director SOB – Goa.

The programme began with signing the Wall of Inclusion by all the participants as well as the Chief Guests which was followed by stunning Hip-Hop performance by Akash Shirodkar. Further, the event continued with a dance session by the MTV pantaloons winner Amar Ojha, popularly known as the Desi Deadpool. The participants also showcased various dance forms of their choice which justified the motto of the event. An energetic Zumba session conducted by our own special athlete Avila A Kane. The programme

concludes with the prize distribution function at the hands of the Chief Guests as well as the sponsors of the event, Pintados who also provided exciting vouchers for the energetic dancers along with other sponsors which includes Bombil, Café Tatos, Hotel Mandovi, Brian Caldeira, Bronson Lopes, Samuela Sousa, Lakeesha Sousa, Bernardo Lopes, Florantius D'souza and Sheldon Construction. In the end, the programme was successful. So let's focus on abilities, not disabilities let's dance for a change.



## **Report on Orientation Program held at Our Lady of Rosary on 26<sup>th</sup> September 2019**



The Program held in Our Lady of Rosary at Bambolim with students of Std. 8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> and was hosted by Gareth Vaz. There were total 500 students along with the teachers in attendance. As a guest of honour was Vice Principal Mrs. Alice Jones along with Mrs. Vrushali Cardozo Area Director of Special Olympics Bharat – Goa and Mr. Gareth Vaz.



Gareth Vaz officially started the Special Olympics talk as per the slides prepared and explained accordingly.

Gareth Vaz also spoke about the Special Olympics World Summer Games held every second year. To have this event there are preparatory games held all over India. After going through all the NCC camps athletes are being selected. Special Olympics has sports for the children with different abilities and in Special Olympics everyone can participate. The World Games alternate between summer and winter games, every two-year. He also told the Special Olympics participation has expanded throughout the world.

Special Olympics is the world's largest sports organization for children and adults with intellectual disabilities and physical disabilities, providing year-round training and competitions to 5 million athletes and Unified Sports partners. It was also explained that there are Unified Sports Training, Unified Sports Competition and Unified Sports Recreation. Students enjoyed and were happy. They were told to join in Special Olympics for the Unified sports.







The students gave a special clap which was unique. The Programme ended at 12:00 noon.

### **Report on Unified Sports Orientation Program held on 13<sup>th</sup> July, at SharadaMandir School Miramar – Goa.**

An orientation on unified sports was conducted at Sharda Mandir school- Goa on 13<sup>th</sup> July 2019. P. E. Teachers/ special educators from 23 schools, all over Goa participated in the program. Despite heavy rainfall almost all registered participants arrived on time. The program began at 9:30am.



Mrs. Vrushali Cardozo Area Director Special Olympics Bharat-Goa welcomed all the participants and introduced the resource team to everyone present.



The resource team included Abhay A. Gaonkar, Ritesh R. Parsekar, Samantha F. D'Costa, Monali M. Korgaokar, Dhiraj N. Sawant, Siddhant D. Naik and Gareth Vaz.

The program started very enthusiastically with Gareth Vaz introducing about Special Olympics, its history, the difference between special Olympics and the other sports programs around the world. The session was interactive with the participants asking various questions and answering questions put forth. Gareth also spoke in brief about the need for inclusion and the special Olympics way of promoting inclusion in societies all over the world..



Soon after the 1<sup>st</sup> session, tea and biscuit were served to all the participants. After the tea break the second session on the process of divisioning was explained in detail by Abhay Gaonkar and Ritesh Parsekar. They explained about the three criteria's for divisioning and how the process is handled from skill tests/preliminary rounds to the finals. They took examples of team and individual sports by dividing the participants into various ability categories.







Samantha D'costa took over the next session and explained what in Unified sports. A video montage was shown by her about the journey of the unified female team which participated in the Unified World Cup at Chicago in 2018 to commemorate the 50<sup>th</sup> anniversary of Special Olympics. Samantha explained in detail about unified sports and its benefits.

Dhiraj Sawant and Siddant Naik continued the 3<sup>rd</sup> session after small break. They made the participants aware of the various programs that can be conducted through unified sports to promote inclusion namely competitive, recreational & training. They explained in detail the three models and how all the schools can participate

inanyofthese3modles.Heexplainaboume which was being played by the Special Athletes.



Monali Korgaokar conducted a practical session for the participants by explaining the rules and regulation of football. She explained and demonstrated in detail the various skill testes like dribbling, passing and

shooting. All the various participants were asked to perform the dribbling skill test, which they did enthusiastically. Gareth Vaz explained to all the participants what their responsibility in their individual schools and society was to promote inclusion through unified sports.

In conclusion Mrs. Vrushali Cardozo, area director thanked the participants, the staff and management of Sharada Mandir School and the resource team. Certificates were distributed to all the participants, followed by lunch where the participants were seen interacting with the resource team.

### ***SPECIAL OLYMPICS INTERNATIONAL FOOTBALL CHAMPIONSHIP***

Special Olympics International Football Championship 2019 was held from 3rd August to 6th August 2019 at Jawaharlal Nehru Stadium at Chennai.

From Special Olympics Bharat Goa two male and two female special athletes along with female coach were selected to represent Special Olympics Bharat for the said championship. Their names are as follows:

1. Saish Naik
2. Samir Babu Das
3. Shanti Nair – Peace Haven
4. Shitu Ghadi – Sanjay Centre for Special Education Goa
5. Samantha D'Costa (Coach) Sanjay Centre for Special Education Goa

The male team Bagged the Bronze Medal while the female won the 4<sup>th</sup> place.

Special Olympics International Football Championship 2019 (SOIFC 2019) was an initiative of the Special Olympics Asia Pacific inviting



Footballers with Intellectual Disabilities from all over the world to showcase their competitive spirit.

Football teams will engage in the traditional 5-a-side football matches. SO Bharat is participated 2 Male and 1 female football team to compete at the event. The Official Special Olympics Sports Rules for Football (Soccer) shall govern the event

Prior to the championship, a camp was held from 18<sup>th</sup> to 24<sup>th</sup> June 2019 to finalize the team at Chennai. Also before the the event, the team assembled at Pondicherry for a 10 day training session, SOB Pondicherry was kind enough to arrange for an amazing accomadation, even planned an outing for the team and dinner. The team later travelled to Chennai and got to the accommodation at Chennai Hotel.







## Report on ESPN Program held at Sharada Mandir School on 14<sup>th</sup> September 2019



All the athletes assembled at the school gate at 8:30 am. Sharda Mandir teachers welcomed the special athletes. Breakfast was served. Soon after the breakfast all the athletes and coaches gathered.







Principal Sharmila Umesh, Administrator Oscar Gomsalves, H. O. D. Ms. Jacintha and Mrs Vrushali Cardozo Area Director Special Olympics Bharat – Goa were present for the event. The event started with the warm welcome.



An oath taken by Special Children and Regular Children Unified 7 a side football Yellow Team and Blue Team all set to play

Two teams were formed which included male and female. The game started. It was really good to see regular students playing with special athletes.







Administrator Mr. Oscar  
Gonsalves, Mrs. Vrushali  
Cardozo Area Director of  
SOB and Principal Ms.  
Sharmila Umesh started the  
Unified Football Game











Names of Special Athletes and partners's of Sharada Mandir School  
 Ashwill Thompson, Sohail Sayed, Anslem Afonso, Jersem Braganza, Vinicio Trindade, Parth Pati, Philipe Carvalho, Darwin Rebeiro, Chanel Crizle, Dhumna Madan, Aanya Chada, Angelica, Jaslyn Da Costa, Ariane Ramos, Abigail Alberto, Alcia Antao, Shitu Ghadi, Akshay Kumar Yadav, Joel Rodrigues, Sarvesh Karvat, Shyam Karapurkar, Francis Parisiopogo, Stanley Noronha, Manav Nikhalj and Felis Monteiro





Final Match was played by the coaches. It was a fun watching them playing. In the end Sharada Mandir won the match.



Certificate and medals were distributed to the Special Athletes and Sharada Madir students. Yellow team was a winner and the Blue team was a runner up.







## ***National Coaching camp – Cricket***

Special Olympics Bharat Rajasthan hosted the Cricket Training Camp (NCC) at Jhalawar – Rajasthan from 1<sup>st</sup> – 6<sup>th</sup> November, 2019.

The following athletes and coaches:

1. Sanjay Naik – Gujarati Samaj
2. Shrihari Bhagat – New Dawn Ashadheep
3. Ketan Pawar – Keshav Seva Sadhana
4. Ilhas Khan – St. Xaviers Academy
5. Navdeep Pavane - St. Xaviers Academy
6. Tejas Gaonkar – Divyashray Tutulag
7. Sudhir Joshi (Coach) – Chetna Charitable trust
8. Siddhant Naik (Coach) - Divyashray Tutulag

At the NCC present was Mr. Victor Vaz, National Sports Director. The campers were welcomed by the area director of Rajasthan. The Morning session and evening session was conducted by coaches and experts from the field of cricket. The athletes and coaches learned and demonstrated their skills. Match situations were created to give the athletes a better feel of the game.

## ***Report on Advance Coaches Training Camp in Football***

Advance coaches training camp in football was hosted by Special Olympics Bharat – Puducherry at the Dept of Physical Education and Sports Pondicherry University from 10<sup>th</sup> to 14<sup>th</sup> November 2019.

Participants from Goa, Pondicherry, Maharashtra, Kerala attended the same. The resource persons were Ms. Samantha D'Costa, Ms. Monali Korgoakar and Mr. Ritesh Parsekar. Mr. Deepak Naik participated as a participant.

On 10<sup>th</sup> November 2019, inauguration took place. Over the course of 5 days the participants were given a general orientation on Special Olympics, divisioning, Skill tests, initiatives of Special Olympics etc. for the practical sessions Ms. Monali Korgoakar and Mr. Ritesh Parsekar conducted basic fundamentals of football, Skill test, recreational games and the participants conducted their own lessons in football on each other.

The Area Director graced the program with her presence. The faculty member and member of Special Olympics Bharat – Puducherry gave away the certificates to the participants.





***Report on Special Olympics Bharat Goa Unified Football and Unified Volleyball In collaboration with St. Xaviers Academy, Old Goa.***

On 23<sup>rd</sup> November 2019 Special Olympics Bharat Goa conducted ESPN Unified Football and Volleyball competitions in collaboration with St. Xavier's Academy Old Goa at the school ground.

A total of 13 special schools including unified partners took part in this competition. The following were the names of the schools:

1. Chetna Education Society, Curchorem – Goa.
2. Divyashray Tutelage Shiroda
3. Keshav Seva Sadhana School For Special Children Bicholim
4. Sanjay Centre For Special Education Curchorem
5. Keshav Seva Sadhana School For Special Children Bicholim
6. Keshav Seva Sadhana School For Special Children Valpoi Goa
7. Lokvishwas Pratishtans Ponda
8. Lokvishwas Pratishtans Marcel
9. Lokvishwas Pratishtans Quepem
10. Sanjay Centre For Special Education Goa Porvorim
11. Sanjay Centre For Special Education Vasco
12. Peace Haven Special Schol, Caranzalem
13. St.Xavier's Academy, Old Goa

The total numbers of athletes were 108 and unified partners 87 in number and 41 coaches/ teachers including and volunteers. In unified football male there were 12 teams and 5 Unified female teams. In unified volleyball there were 7 male teams and 1 female unified volleyball team which participated for the same.



**Preliminary Rounds:** As soon as the school arrived with their athletes and partners, preliminary rounds begin both in football and volleyball. Breakfast packets were distributed. The unified football preliminary rounds concluded before the opening ceremony and were put as 4 teams in each group that is M-1, M-2, M-3 and the female preliminary round was not conducted as there were only four teams to compete with each other. The unified volleyball preliminary round continued and was halted for the opening ceremony. In unified volleyball, only a female team participated and played along with the male category.

**Opening Ceremony:** The Chief Guest for the day Sr. Monica Coello and guest of honor Sr. Meena D'Souza graced the occasion along with the Area Director Special Olympics Bharat Goa Mrs. Vrushali Cardozo and welcomed the participants and schools and officials. Gareth Vaz introduced the dignitaries. Mrs. Vrushali Cardozo spoke a few words and appreciated the efforts put in by the schools. Sr. Meena was kind enough to give the participants a few words of encouragement and was glad the games were being hosted in their own premises. Sr. Meena and Sr. Monica were then escorted by the Area Director – Mrs. Vrushali Cardozo on to the ground for a kick off, Sr. Meena Kicked the ball in the goal and declared the Unified games open.



**Divisioning Results:**

In the divisioning round of Unified football, the following were the groups and the places:

*Group M1*

Final Positions	
Place	Team
1	SANJAY SCHOL CURCHORIM TEAM A
2	SANJAY SCHOOL VASCO TEAM A
3	SANJAY SCHOOL CURHORIM TEAM B
4	SANJAY SCHOOL VASCO TEAM B



*Group M2*

Final Positions	
Place	Team
1	ST. XAVIER'S ACADEMY A
2	SANJAY SCHOOL PORVORIM B
3	ST. XAVIER'S ACADEMY B
4	SANJAY SCHOOL PORVORIM A





### *Group 3*

Final Positions	
Place	Team
1	KESHAV SEVA SADHANA,S VALPOI
2	DIVYASHRAY TUTULAGE
3	KESHAV SEVA SADHANA,S BICHOLIM
4	CHETNA EDUCATION SOCIETY , CURCHOREM



### *Group F1 Unified Female Football*

Final Positions	
Place	Team
1	SANJAY CENTRE FOE SPECIAL EDUCATION CURCHORIM
2	FAIRYLAND SPECIAL SCHOOL BATIM
3	ST. XAVIER'S ACADEMY OLD GOA
4	SANJAY CENTRE FOE SPECIAL EDUCATION PORVORIM



### *Group M1 Unified Volleyball*

Final Positions	
Place	Team
1	LOK VISHVAS PRATISHTHAN'S MARCEL
2	KESHAV SEVA SADHANA'S VALPOI
3	KESHAV SEVA SADHANA'S BICHOLIM
4	LOK VISHVAS PRATISHTHAN'S PONDA



### *Group M2 Unified Volleyball*

Final Positions	
Place	Team
1	LOK VISHVAS PRATISHTAN'S QUEPEM
2	SANJAY SCHOOL PORVORIM
3	SANJAY SCHOOL PORVORIM





Closing Ceremony: After all the games were concluded the prize distribution ceremony was given by the hands of Sr. Monica and Sr. Meena along with Mrs. Vrushali Cardozo. The teams were lined up for the awards as per the divisions.

The forth place received certificates of participation, while the 3<sup>rd</sup> ,2<sup>nd</sup> and 1<sup>st</sup> place received the Bronze, Silver and the Gold medals respectively. The coaches were given certificates. Sr. Monica Coelho gave the vote of thanks and wished all the participants a safe trip back home. As a token of appreciation, Mrs. Vrushali Cardozo presented mementos to Sr. Monica and Sr. Meena.



### *National Coaching Camp Floorball at Haridwar*

Special Olympics Bharat Uttarakhand hosted the SOB NCC cum Championship at Shree Prem Nagar, Haridwar from 15<sup>th</sup> to 20<sup>th</sup> November 2019.

Special Olympics Bharat Goa Male team bagged the Gold medal while the female bagged the Silver Medal. A total of 8 males + 2 male coaches and 7 female athletes plus 1 male and female coach. The names of the male athletes and coaches are as follow:

Larson Dias, Venson Paes, Francis Parisapogu, (Sanjay School, Curchorem and Vasco) Namit Honawarkar (ITI), Suraj Surve (Divyashrey Tutulej), Sahil Sawant, Rahul Jaswal (Lokvishwas Prathisthan) and Viraj Shetye (Coach Sanjay School Porvorim) and Ulhas Mahale (Coach Gujarati Samaj)

Melanie Fernandes and Aparna Valikar (Gujarati Samaj), Vanita Gaonkar Nagoi Zore and Shivani Chari (Lokvishwas Prathisthan), Pranisha Naik, Sangeeta Hampivali and Gautami Dessai (Coach, Sanjay School, Curchorem),



and Ishwari Morjekar (Coach Keshav Seva S



adhana).



*Report on Softball camp A.C.T.P (advance coaching training program)*

Special Olympics Bharat – Kerala conducted a Softball Camp at Kerala (Thrissur) from 25th Nov to 30th Nov 2019.

From the Special Olympics Bharat Goa Chapter, 5 coaches were present among those five, three were resources person Mr. Vishant Priolkar from lok vishwas ,Gladwin Fernandes from peace heaven and Varsha Naik from new dawn ashadeep and two coaches Veena Sejawalkar from Disha Special School and Megdalena Fernandes from Gujarati Samaj School.

Area director, sister. Rani and other sisters welcomed a total 30 coaches at the camp. The morning session, warming up after that a small explanations was given on " What is Soft Ball".(how to play,how to handle the slugger and ball) Resource person Mr. Vishant Priolkar explained about ground marking. Theory classes were conducted by Gladwin , Vishant and Varsha. Explanations of 'Special Olympics' and followed by 'Soft Ball' rules. For the Evening session the ground was marked. During the 5days the coaches learned about the Basics of Softball. The Area Director planned and took all the coaches at Athirappilly Waterfall.







### *National Coaching Camp Floorball at Kerala*

Special Olympics Bharat Kerala conducted National Coaching Camp from 2<sup>nd</sup> to 7<sup>th</sup> December 2019 at Nirmala College, Erankulam, Kerala. Fr. Roy and the area director Sr. Rani welcomed the participants. During the Sessions, drill, skills were conducted. Game situation and rules and regulations as per Special Olympics was explained. The following are the athletes and coaches who participated:

<b>Sr.No.</b>	<b>Name of the Male Athlete/Coach</b>	<b>Sr.No.</b>	<b>Name of the Female Athlete/Coach</b>
1.	Larson Dias	1.	Maleanie Fernandes
2.	Namit Omnath Honawarkar	2.	Aparna Valikar
3.	Venson Paes	3.	Monika Pedru D'Mello
4.	Francis Parisapogu	4.	Pranisha Naik
5.	Suraj Surve	5.	Vanita Gaonkar
6.	Sairaj Nilesh Gaonkar	6.	Sangeeta Hampivali
7.	Sahil Gokuldas Sawant	7.	Nagi Ramu Zore
8.	Rahul Kumar Jaswal	8.	Shivani Ganesh Chari
9.	Sarvesh Karvat	9.	Shabhana Shaikh
10.	Malik Rehan	10.	Asha Jaya Panchimsaler

11.	Jailani Doddamani	11.	Gayban Mulla
12.	Sanjay Survey	12.	Nisha P. Meta
13.	Ulhas Mahale (Coach)	13.	Gautami Dessai (Coach)
14.	Viraj Shetye (Coach)	14.	Ishwari Morajkar (Coach)
15.	Suresh Naik (Coach)	15.	Varsha Mengane (Coach)





### *National Coaching Camp Handball*

Special Olympics Bharat Pondicherry conducted national coaching camp at Indira Gandhi Indoor Stadium, Pondicherry from 10<sup>th</sup> to 15<sup>th</sup> December 2019. A total 20 athletes and 4 coaches participated for the same.

During the national coaching camp, skills were conducted. For the coaches officiating rules were explained. The following are the names of participants:

<b>Sr.No.</b>	<b>Name of the Male Athlete</b>	<b>Sr.No.</b>	<b>Name of the Female Athlete</b>
1.	Ilyas Khan	1.	Ms. Gayatri Faterpekar
2.	Shreyank Arsekar	2.	Sangeeta Hampivali
3.	Joel Rodrigues	3.	Pranisha Naik
4.	Camilo Fernandes	4.	Jesmina Fernades
5.	Atish Ramdas Gause	5.	Ruchanda Gaonkar
6.	Yogesh Honakande	6.	Cynthia Figuiredo
7.	Sachin Pawar	7.	Lavisha Bhandari
8.	Avinash Gaonkar	8.	Deeptisha D. Amonkar
9.	Rehan Malik	9.	Geetanjali Nagvekar
10.	Vishal Kolati	10.	Kajal Jadhav
11.	Abhay Gaonkar (Coach)	11.	Gautami Dessai (Coach)
12.	Harshad Naik (Coach)	12.	Vinaya Gavade (Coach)

### *Report on On ACTC – Roller Skating*

Roller Skating Training Camp (ACTC) was organized by Special Olympics Bharat Telangana from 21<sup>st</sup> – 25<sup>th</sup> January 2020 at Secunderabad. It was held at Indira Park International Roller Skating Rink – Secunderabad

From Goa State 3 coaches participated. Altogether 8 states participated including Goa.

Following are the Goa Coaches

- 1) Rakhi Naik and Laxmikant Naik from Lokvishwas Prathisthan
- 2) Premanand Naik from Keshav Seva Sadhana

Arrangements were good, food was excellent, transport for the coaches was provided. Resource person and the trainers who conducted the classes and the practical were scheduled perfectly.

### *Aquatics ACTC at Mumbai*





Special Olympics Bharat Maharashtra conducted the ACTC in Aquatics (Swimming) from 21<sup>st</sup> to 25<sup>th</sup> January 2020 at Andheri Sports Complex, Mumbai.

A total of 4 participants from Goa Chapter, Manila Naik and Arving More from Lokvishwas Prathishthan, Poornima Tari from Gujarati Samanj and Sudhir Joshi from Chetna Education trust.

For the sessions warming up and theory was conducted by Yashraj Tarkar on swimming awareness of pool area along with history of swimming, precautions, advantages and disadvantages of swimming.



The Participants were given all instructions to be followed before entering the pool like warm up exercise, taking bath. Once the participants entered the pool and were guided for how to float and free style strokes.

Theory session was taken up by Sandra Vaz area director Mumbai. On her experience about difficulties faced with training students when taken for special Olympics outside India.

For the following practical session coach showed us remaining 3 stroke breast stroke, butterfly, back stroke and given students for training. Yashraj Tarkar spoke about practical of "FIRST AID AND CPR".

### ***Roller Skating Training Camp (NCC)***

Roller Skating National Coaching camp was hosted by SOB – Telangana held at Secunderabad – Telangana from 03<sup>rd</sup> to 08<sup>th</sup> January, 2020

From the Goa Chapter, the following coaches and athletes participated:

<b>Sr.No.</b>	<b>Name of the Athlete</b>	<b>Gender</b>
1.	Mast. Salman Khan	Gujuarati Samaj
2.	Aslam Karewal	Gujuarati Samaj
3.	Vinayak Patgar	Gujuarati Samaj
4.	Manjunath Bodiya	Gujuarati Samaj
5.	Camilo Fernandes	Sanjay centre for Special Educatio goa
6.	Ramu Patil	Chetna Educational Trust
7.	Sarvesh B. Karvat	Keshav Seva Sadhana Valpoi
8.	Harsh Shetye	Keshav Seva Sadhana Bicholim
9.	Anand Mahalkar	Keshav Seva Sadhana Bicholim
10.	Prathemesh N. Gaonkar	Keshav Seva Sadhana Bicholim
11.	Mohisha G. Sawant	Keshav Seva Sadhana Bicholim
12.	Victoria Kujur	Gurati Samaj MArgao
13.	Roshni Ben	Gurati Samaj MArgao
14.	Premanand Naik Coach	Keshav Seva Sadhana Bicholim
15.	Suresh Naik Coach	Lokvishwas Prathishthan
16.	Ranjana Coach	Keshav Seva Sadhana

The athletes learned about the basics in roller skating and executed as per the resources teams guide. Altogether a total of 8 states participated.





### *1<sup>st</sup> Preparatory Games – Himachal Pradesh*

Special Olympics Bharat conducted its 1<sup>st</sup> Preparatory games for the upcoming winter games at Russia. The athletes from all over India were selected as probable.

From SOB – Goa, 4 male athletes, 1 male coach, 3 female athletes and 1 female coach were selected as probable for the upcoming WWG. Their names are as follows:

1. Francis Parisapogu – Sanjay School
2. NAmit Honawarkar – ITI
3. Suraj Surve – DivyaShrey Tutulej
4. Sairaj GAonkar – Gujarati Samaj
5. Melaenie Fernandes – Gujarati Samaj
6. Shivani Chari – Lokvishwas Pratishthan
7. Pranisha NAik – Sanjau School
8. ULhas Mahale (Coach)- Gujarati Samaj
9. Gautami Dessai (Coach ) – Sanjay School.

The preparatory camp was held to select probable for the WWG. It was hosted SOB Himachal Pradesh from 5<sup>th</sup> to the 10<sup>th</sup> January 2020. Since it was the beginning of winter, the athletes were getting adjusted to the cold climate. The performance of the athletes and coaches were taken into consideration for the next preparatory camp.

### ***Floorball Training camp At Udupi***

The Floorball Training Camp was held from 05<sup>th</sup> – 10<sup>th</sup> January 2020 at MANIPAL Institute of Technology, Udupi Karnataka and was hosted by Special Olympics Bharat Karnataka.



From Special Olympics Bharat Goa – Larson Dias and Venson Paes and Coach Viraj Shetye participated. The team along with other states practiced the skill of the game. Also Present for the coaching camp was Mr. Victor Vaz(National Sports Director) and Khurram.



### ***Cricket Training Camp - Udupi***

Special Olympics Bharat Karnataka hosted the Cricket training camp from 6-10 January, 2020 at Udupi, Karnataka.

From Special Olympics Bharat Goa, 2 athletes and 1 coach was selected as probable. Their names as follows:

1. Navdeep Pavane – St. Xaviers Academy
2. Tejas GAonkar – Divyashray Tutulag
3. Siddhant Naik (Coach) Divyashray Tutulag

The training was conducted in the view of the upcoming Cricket International tournament and to select athletes to represent the SOB team. Experts from the field of cricket trained the athletes and coaches. Skills were conducted to see the athletes understanding of the game.

### ***FLOORBALL TRAINING CAMP ( ACTC ) PANAJI GOA***

Special Olympics Bharat Goa hosted the Special Olympics Bharat Floorball Training Camp (ACTC) from 29<sup>th</sup> January to 2<sup>nd</sup> February 2020. It was held at Youth Hostel Street, Near Marriot hotel, Miramar panaji Goa.

A total 45 Participants attending ACTC camp from ten states which includes kerala,puducherry,Maharashtra,Aurangabad,Haryana,delhi,Karnataka,uttarak hand,Madhya pradesh and Goa.

Orientation on the event was done by National Sports Director Mr.. Victor vaz

Morning session was conducted, during this session warmup excercises and fun games was conducted. skills were taught to the athletes also minor games were conducted.



### ***FLOORBALL TRAINING CAMP (NCC)***

Special Olympics Bharat Goa had organized National Coaching Camp in floorball from 28<sup>th</sup> January to 2<sup>nd</sup> February at youth hostel Miramar Panaji Goa. 9 States participated in the following camp, all together there were 190 participants including coaches.

In the morning session warming up exercises and fun games was conducted by S.O. B and Federation players, Training in floorball which included basic skills like passing, dribbling etc which was conducted by Federation players. In the evening session training was done for federation players along with floorball coaches.





### ***REPORT ON AQUATICS TRAINING CAMP (NCC)***

Special Olympics Bharat Maharashtra hosted the NCC at Andheri sports complex, Mumbai Maharashtra from 1st to 5th February 2020.

From the Special Olympics Bharat Goa chapter the following athletes participated: -

1. RAHULKUMAR JASWAL
2. SARVESH BABURAV NAIK.
3. RENE LOBO.
4. ABHIRAM GANISIPETTY.
5. ROSSLY CUNHA.
6. SAILU YADLA.
7. CRISCIA DIAS.



Aquatic Coaches : - Ms.Nabilabi Shaikh and Mr. Sudhir D. Joshi

The sessions began as per the schedule given to the states with morning warm up and practical sessions From 4th and 5th February, zumba training from 10.00am to 11.00am for two days Athletes got trained by specialist zumba trainer from Maharashtra. He represented India for the world's summer camp and has won Silver medal for India. On 5th February was a concluding day for the training.

### *Second Cricket preparatory*

The Second Cricket preparatory camp for International Male Unified Cricket competition was held at Mysore Karnataka from 8<sup>th</sup> – 15<sup>th</sup> February, 2020.

Master Navdeep Pavane is selected as an athlete to play for the SOB team. Since the athlete was travelling alone, Coach Mr. Sakaram Narulkar escorted the athlete. The venue for the same was at Jain College, Kanakapura Road, Bangalore, Karnataka. The morning sessions began with warm up followed by net practice and other activities to make it interesting for the athletes and partners. The practical session was conducted two times a day, morning and evening.

### *BITS PILANI*

Bits Pilani conducted a Program for the Special Athletes along with the Coaches. Altogether 80 participants were present. Soon after the Lunch the games started. It was an Excellent location with well designed layout of all the amenities. A beautiful Campus with interesting and good institute where all the facilities right from Auditorium to the Sports facilities.

Following are events conducted for the Special Athletes :-

- 1) Badminton
- 2) Bocce
- 3) Football..

Total 6 Schools participated for the Udaan events were as follows:

1. Atmavishwas Special School from Pernem – Goa,



2. Lokvishwas Pratisthan's Special School Dhavli Ponda
3. Peace Haven Home and School for Mentally Retarded Children at Caranzalem
4. Sanjay Centre for Special Education – Curchorem – Goa
5. Sanjay Centre for Special Education – Pundalik Nagar – Porvorim.
6. Sanjay Centre for Special Education – Vasco

Following are the Sports details :-

We had Bocce for the lower abilities, Bocce was conducted by P. E. Teacher Ms. Gautami S. S. Dessai and Ulhas M. Mahale.

5 Special schools participated.

1. Atmavishwas Special Schools Pernem
2. Lokvishwas Pratisthan's Special School Dhavli – Ponda
3. Peace Haven Home for the Mentally Retarded Children – Caranzalem - Goa
4. Sanjay Centre for Special Education - Vasco da Gama – Goa
5. Sanjay Centre for Special Education – Curchorem – Goa.

There were 10 Males , 9 females 2 female coaches and one Male coach. Total participants were 23.

The winners were Master Durgesh Kankonkar , Master Kristan John D'Silva , 3) Ms. Sonia Govekar and Sneha Bhosle . All from Peace Haven School Caranzalem. Team that stood second and Third place was Atmavishwas and Lokvishwas respectively.

- Badminton was conducted by P. E. Teacher Mr. Ritesh R. Parsekar . Total f 3 schools participated .

Following are the Schools participated in Badminton

1. Peace Haven
2. Sanjay Centre for Special Education – Vascp
3. Sanjay Centre for Special Education – Curchorem.

During the event following were the athletes stood first

1. Ms. Sabita Yadav
2. Master Vivek Yeshwant Yellapur
3. Ms. Shanti Florinda Jayakumar Nai

All the winners were from Peace Haven.

- Football 5 a side game was conducted by Samantha D'Costa, Monali Korgaokar, Sandesh and Mr. Vishnu Gaude . Total 4 Schools participated

Following are the Schools participated in 5 a side Football

1. Atmavishwas Spcial School – Prenem
2. Sanjay Centre for Special Education – Vascp
3. Sanjay Centre for Special Education – Curchorem.
4. Sanjay Centre for Special Education – Pundalik Nagar – Porvorim - Winners



### *Train the trainer –Developmental Sports workshop*

Special Olympics Bharat conducted a Workshop on Developmental Sports at Frank Anthony Public school, Delhi for Basketball and Football from the 16th - 17th February 2020.



From special Olympics Bharat – Goa two trainees in football and one trainee in basketball represented the SOB Goa at the workshop. Their names are as follows:

1. Saish Naik - Football
2. Samir Babu Das - Football
3. Sachin Suvarna – Basketball.

The trainees not only showcased their skills but also learnt from the resource team. For basketball – coach Vinod and uday demonstrated required skills and in football – Md. Khurram and Dr. Ajit. The football trainees and basketball trainees were divided as per their game. During theory session were conducted indoor in the school auditorium. It can be proudly said that all the three special athletes travelled independently.



### *Special Olympics Bharat-Goa Young Athletes Festival- South Goa*

Venue: Lokvishvas Pratishtha Ponda

Date: 14<sup>th</sup> March 2020

Total Number of athletes present: 46 ,Age group 7 to 10 years

Schools That participated:

1. Lokvishwas Prathishta Ponda
2. Lokvishwas Prathishta Molem
3. Sanjay School Vasco
4. Gujrati Samaj Margao

Coaches: 5

Parents and teachers: 22

Photographer: Swapnil Samad

Festival Inaugurated by Mr. More Sir, Principal Lokvishvas Prathishta

Medals Distributed By. Ms Dessai, Lokvishvas Prathishta

Activities conducted: 5 recreational games, Roller skating and bocce

Reporting time for athletes was at 9am. Athletes were given bibs and put into groups.

The program began at 9:30am with Ulhas Mahale(coach with special Olympics Bharat Goa) welcoming the athletes, parents and teachers. He thanked Mr.More Sir for allowing us to conduct the festival at his school, and welcomed him by handing a Young athlete's program kit for his school. Mr. More then briefly spoke to the athletes and all those present urging them to participate and enjoy the activities and games to be conducted. He declared the festival open.

Athletes were put into groups and started participating in the various activities. The athletes did their best and enjoyed all the activities.

Refreshments were distributed along with the teachers and parents. This was followed by a brief class and demonstration on Roller Skating and Bocce. Athletes tried





both sports, and parents and teachers were also shown how both sports can be easy taught in their respective schools.

All the athletes we then felicitated with Medals by Mrs. Dessai, Followed by a group photograph. Mrs Dessai then thanked Special Olympics and its coaches for conducting the festival and giving the young athletes a platform to play, learn and showcase their talents. She encouraged the parents and teachers to continue training and conduct more programs to motivate young athletes to participate in sports activities.



